

Eriksson Elementary School

No Bullies Allowed..
We're ALL in this Together!



Today

- Define Bullying
- Discuss the Types of Bullying
- Discuss the Roles of People in Bully Situation
- The Difference Between Tattling and Asking for Help
- Strategies for Students who are in a Bully Situation

Bullying Definition

- Doing or saying unwelcome things to others **over and over** again to **make them feel bad** or to **show power over them.**

Types of Bullying –

Physical Bullies:

Use **physical contact** or take the victim's property. *This is the easiest form of bullying to recognize.*

Verbal Bullies:

Use **words** to hurt or humiliate. *It is the easiest bullying strategy to use and can often be denied by the bully. Verbal bullying can leave longer-lasting scars than physical bullying.*

Relational Bullies:

Try to control **relationships** by getting some children to reject others.

Types of Bullying – In Other Words...

Physical Bullies:

Use hands to hurt.

Verbal Bullies:

Use words to hurt.

Relational Bullies:

Use people to hurt.

Roles of People in Bully Situation

The Bully

Student whose behaviors are intending to hurt others:

- STOP!
- Think about how your behaviors are effecting those around you.
- When someone says stop, STOP!

Roles of People in Bully Situation

The Target

Student toward whom the negative behaviors are directed:

- Let your feelings be known. (Use the **DEBUG System**.)
- Seek help from an adult at home/ school.
 - Approach teacher/ parent
 - Bully Box
 - Bullying Hotline 981-2645

****We can't help if we don't know!****

The DEBUG System

- 1 ~ Ignore.
- 2 ~ Move away.
- 3 ~ Talk friendly.
- 4 ~ Talk firmly.
- 5 ~ Get an adult for help.

Roles of People in Bully Situation

The By-Stander

Student who observes a bully situation:

Seek help from an adult for the target!

This is HUGE! – Getting help from an adult will keep you out of the situation, but help students at Eriksson know that this behavior will not be tolerated. Wouldn't you want someone to help you if you needed it?

Suggestions for Students in a Bully Situation

- Tell the student to STOP! (Very important to establish bullying.)
- Notice who is around. (Witnesses can be a huge help.)
- Get help! (You can't always do it on your own. It helps to have an adult working for you.)
- Do not allow this behavior in your school!

How to Report Bullying

Target OR By-Stander

- Tell your parent(s)
- Tell your Teacher/ Principal
- Report in Bully Box
- Call the school and leave a voicemail message for principal.

Difference Between Tattling & Telling

Tattling

(Ex.) *So & So* called me
a bad name!

- Focuses on OTHER student
- Sounds like trying to get student into trouble

Telling

(Ex.) *So & So* keeps
calling me a bad
name! Can you help
me get them to stop?

- Focuses on you.
- **Asks for HELP!**

Questions Teachers ask Themselves When Addressing Student Conflicts

- Was this an accident or on purpose?
- If on purpose, was this a one time problem or is this on-going?
- If it is on-going, is this a boundary issue or is it bullying?

Range of Discipline for Bullying Behavior:

- 1st Offense: **Apology to Student, Warning**
(Teacher can assign consequence)
- 2nd Offense: **Apology to Student, Call to Parent**
(Teacher can assign consequence)
- 3rd Offense: **Apology to Student, Call to Parent, Lunch Recess Assignment (w/ Principal)**
- 4th Offense: **Apology to Student, Lunch Recess Assignment (w/ Principal), Parent Meeting, and Behavior Plan Written**

Range of Discipline for Bullying Behavior (Cont):

- 5th Offense: Apology to Student, Parent Meeting, After School Assignment (w/ Principal), Behavior Plan Reviewed/ Revised
- 6th Offense: Apology to Student, In-School Suspension, Parent Meeting, and Behavior Plan Reviewed/ Revised
- 7th Offense: Apology to Student, Out of School Suspension, Parent Meeting with District Representative, Behavior Plan Reviewed/ Revised (**Further Course of Action Determined by District Representative**)

Questions?

