

FROM YOUR P-CCS NURSING TEAM:

WHAT DO I NEED TO KNOW BEFORE MY CHILD RETURNS TO F2F INSTRUCTION?

P-CCS COVID TOOLBOX:

- All Things COVID resource page at <https://www.pccsk12.com/departments/health-safety/covid-19-toolbox>
- Toolbox is updated regularly as new information, guidance is released by CDC, State of Michigan, Wayne County
- Familiarize yourself with the symptoms associated with COVID:

Fever > 100.4 or Chills	Cough	Shortness of breath or difficulty breathing	Fatigue
Muscle or body aches	Headache	New loss of taste or smell	Sore throat
Congestion or runny nose	Nausea or vomiting	Diarrhea	

HEALTHY HABITS:

- Review handwashing etiquette for (wash for 20 seconds, soap and water, sing ABC's...)
- Review coughing and sneezing etiquette (coughing/sneezing into the crook of your elbow)
- As always....Importance of eating a balanced diet, getting adequate sleep, exercise
- FLU SHOTS. CDC is highly recommending the flu vaccine this year. Call your child's PCP to schedule a flu vaccine. <https://www.cdc.gov/flu/season/index.html>

MY CHILD IS SICK...WHAT DO I DO?

- Keep your child home. Do not send your child to school if they have any of the symptoms noted above.
 - Notify front office of your child's reason for absence. OR note absence in MISTAR.
- Your child can return when.....
- It has been 10 days since symptom onset AND
 - 24 hours without fever w/o aid of medication AND
 - Significant Improvement in Symptoms OR
 - Doctor's note indicating your child does not have infectious disease and may return to school.

****If your child's healthcare provider orders COVID testing, P-CCS only recognizes nasal PCR as diagnostic of COVID****

FACIAL COVERINGS:

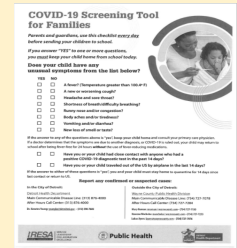
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>

- Facial coverings are to be worn at school.
- Facial coverings must cover nose and mouth and sit under the chin.
- Please send your child with a clean face covering daily. It is a good idea to keep an extra face covering in their backpack.
- All staff and students will be expected to wear face coverings while on P-CCS property.

DAILY HEALTH SCREENING:

<https://www.waynecounty.com/covid19/back-to-school.aspx>

- Must complete daily health screening at home prior to your child's arrival to school
- If you answer "yes" to any of the screening questions = KEEP YOUR CHILD HOME.



IF YOUR CHILD DEVELOPS SYMPTOMS AT SCHOOL:

- If we call you to pick up your child due to having any of the symptoms noted above, please come immediately to pick up your child.
- **Develop a PICK UP ACTION PLAN prior to return to F2F instruction-especially if you do not work or live within 10-15 minutes of your child's school.**
- While awaiting your arrival, your child will be located in the Supervised Isolation Clinic (SIC) with a supervising P-CCS staff member.
- You will not be allowed into the building upon pick up, we will bring your child to the designated exit at school to be directly released into your care.
- Upon pick up: please be prepared to show photo ID, any adult picking up a student MUST be on the student's emergency contact list in MISTAR.
- UPDATE ALL EMERGENCY CONTACTS IN MISTAR. HAVE A PICK UP ACTION PLAN.
- If your child has a chronic health condition such as: asthma, seasonal allergies, GERD, EOE that can mimic the symptoms suggestive of COVID, you can provide MD documentation to school. This way, your child will only be sent home **IF** symptoms are NEW or WORSENING. The note MUST indicate that your child may remain in school when symptoms of chronic illness are at baseline, in the absence of fever.

COVID SPECIFIC: <https://www.waynecounty.com/covid19/back-to-school.aspx>

- If your child or any of your household members have a positive COVID lab test (a positive nasal PCR)=notify school immediately.
- If your child has tested positive for COVID (positive nasal PCR) = they will be required to isolate at home for 10 days.
- If your child is identified as a "close contact" of a positive COVID case = they will be required to quarantine at home for 14 days.