

Plymouth-Canton Community Schools Wellness Committee
Minutes
Tuesday, June 15 2021

1. Welcome - Introductions
2. A review of Audit and subcommittee assignments
 - a. Discussion on signage at individual schools
 - i. Some schools possibly do not have the correct signage
 - ii. Principals and cafeteria managers will check on this
 - iii. Possibly need marketing that grab attention better
 - b. Free meals are still available all summer and will be available 21/22 school year
 - i. Continue with robocalls to let families know this is available
 - ii. Make sure families know it is for everyone, not just those who qualify for free/reduced lunch
 - c. Discussion on how coffee meets nutritional guidelines
 - d. Physical Activity subcommittee will submit their review over to Frank
3. Discussion on need for any policy changes
 - a. Lunch times discussion on what is best for students
 - b. Discussion on several new activities for students
 - i. International Bike Day
 - ii. Wellness/Mindfulness Week
4. Next meeting time to be determined
5. Adjournment