

# **Spotlight on Growth Mindset**

### Your Brain is A Muscle

Over the years your elementary student has likely been introduced to the terms <u>fixed and growth mindset</u>. Since the start of January we have been talking each morning with students about strengthening their growth mindset and questioning their fixed mindset.

- Fixed mindset assumes intelligence and other qualities, abilities, and talents are fixed traits that cannot be significantly developed. In other words, a fixed mindset is believing that you cannot learn new things. Your are born with your talents and gifts and cannot get smarter.
- Growth mindset assumes intelligence and other qualities, abilities, and talents can be developed with effort, learning, and dedication over time. In other words, a growth mindset is believing that your brain can grow and you can learn new things.
   You can always get better.

One way you can support your child in developing a growth mindset is helping your child to understand that their brain is like a muscle. Just like when a person lifts weights, they get stronger. When you exercise your brain it will get stronger.

I see a fixed mindset in my youngest son when he approaches different school subjects. The effort he puts forth in a specific subject and his desire to do more of that subject is directly related to the amount of success he has had or that he feels he is having. For instance, he does well in math and therefore he frequently wants to do more math. He has not really found the joy in reading and so he likes to avoid reading and he often complains about reading at home.



If you have experienced something similar you could use the idea of exercising our brain to grow it in a certain area. If we already have a really strong math muscle, how can we work to strengthen our reading muscles? This short video explains this for kids (Your Brain is Like a Muscle) and this one (The Truth About Your Brain) digs a little deeper into the topic, explaining how our neurons make connections.

# What's Happening?



## **STEAM Fair Registration Deadline Extended**

Has your child talked with you about the upcoming Gallimore STEAM Fair? This informational packet (<u>STEAM Fair 2024</u> <u>Informational Packet</u>) was given to all students during the first week of January. Students planning to participate must register by January 31st.

When participants register they (and their families) receive reminder emails, important information, and answers to FAQs. We'll also know how many certificates we'll need, how much space we'll need in the school, and be able to better plan for the event.

## Visit our Lost and Found It is Very FULL!

Preview the items in our Lost and Found by clicking on this slides presentation (Lost and Found-January 2024). This was updated just this week!



## **Gallimore Good News!**

## **Congratulations Gallimore 5th Grader!**

Augusten, a Gallimore 5th grader, paticipated in the 2024 Emerald Coast Challenge a National in line speed skate tournament in the United States. This Challenge is the biggest inline speed skate tournament in the US with over 400 participants this year including skaters from Columbia, Italy and France.

His hard work and persistence earned him several shiny souvenirs. Earning two, first place finishes (boys relay and boys 300M), a second place award in another boys relay and playing third place overall in his age group!

Way to go Augusten! We are so proud of your hardwork and commitment.



# **Important Dates**

### <u>January</u>

January 29th: PFO Meeting at 6:30 p.m.

### **February**

- February 7th: Cluster Concert for 5th Graders (flyer linked here)
- February 9th: NEW Date!! Family Game Night
- February 16th: No School for Students (professional development for staff)
- February 19th: No School for Students or Staff (mid winter break)
- February 27th: No School for Students (professional development for staff)

#### March

- March 5th: STEAM Fair Open House 6:00 to 7:30 p.m.
- March 12th: Half Day of School, dismissal at 12:10 p.m.
- March 13th: Half Day of School, dismissal at 12:10 p.m.
- March 25th-29th: Spring Break, No School for Students or Staff

### <u>April</u>

• April 12th: Yearbook orders are due (Order your yearbook for Gallimore Elementary School)

#### May

- May 22nd: Field Day
- May 27th: No School, Memorial Day
- May 31st: Fun Fair

### <u>June</u>

- June 11th: Half Day of School, dismissal at 12:10 p.m.
- June 12th: Half Day of School, dismissal at 12:10 p.m. Last Day of School

Click here for the entire P-CCS 2023-2024 School Calendar

# **PFO (Parent Faculty Organization)**

**DATE CHANGE\*\***: Family Game Night will take place on Friday, February 9th. (\*\*Date was changed due to the scheduling of the P-CCS Cluster Concert for all 5th graders on the originally scheduled





## **Previous Gallimore News**



## Schedule Change for ALL P-CCS Students

Due to the recent change in the date for the State of Michigan 2024 Presidential Primary, which will now take place on February 27, 2024, and with student safety as our number one priority, we have made the decision to move the March 4, 2024 professional development day to February 27, 2024. **Therefore, all schools will** 

be closed for students on Tuesday, February 27, and classes will take place as normal on Monday, March 4. Our buildings are used by the community as public polling locations, and this change will support the safety and well being of our students.



### **Winter Weather Guidelines**

We will do our best to get students outside each day, even during the colder temperatures. Please send your child with winter gear each day. **Please label everything** as our lost and found quickly fills up. We also recommend packing an extra pair of socks and gloves for the days when the playground is really wet.

Students who do not wear snow pants and boots will not be able to play in the snow. Students who do not bring boots will still go

outdoors but are expected to stay on the blacktop.

We use the following temperature guidelines as we make decisions about outdoor recess:

- Above 15 degrees: students will go outside
- Between 10 and 14 degrees: students may go outside for an abbreviated amount of time
- Below 10 degrees: students will have indoor recess

We have many resources to support families during the winter months, please do not hesitate to let us know if you are having a hard time finding snow boots, snow pants, etc. and we can support.

# **Arrival and Dismissal Expectations**



Students should be ready to exit the vehicle with backpacks and other items in hand.



Car tags should be hanging from your rear-view mirror so that our process can be more efficient.



Students should only exit/enter the vehicle near the sidewalk.



Vehicles should pull all the way up in the carloop.



Drivers should not pull around other vehicles. Please only do this if you are directed to by a school staff member.

### Girls on the Run at Gallimore

We are excited to announce that Girls on the Run is back for another season at Gallimore! Ms. Cunningham,3rd grade teacher, will once again coach. *Spaces at this time are limited.* If you are interested in volunteering to join our Girls on the Run team as a coach, please let Ms. Cunningham know via email



(<u>kirstin.cunningham@pccsk12.com</u>). *As we add more coaches, we are able to take girls off of the wait list!* 

- Link to Sign Up
- Flyer with more information!

## **Copy/Project Helpers Needed**

Thank you to our families who have already signed up to be a Copy/Project Helper. Our sign up is full through mid March, but we will send out another sign up in late February.

We greatly appreciate the support that our volunteers have already provided!



## **Vacation Form Reminder and Homework Expectations**

If your family is planning to take your child out of school for 3 or more days a <u>Student Vacation</u> Form should be completed and submitted to the office. The form can be sent digitally to Melissa Lomibao, our office paraprofessional, at <u>melissa.lomibao@pccsk12.com</u> or it can be printed and sent to school with your child. Forms should be submitted 5 days before the start of the vacation.

When students are away from school it is difficult for the teacher to know the exact topics that will be covered each day during the absence. This is because classroom learning is fluid and based on student understanding of the topics and classroom discussions. For more details regarding absences related to vacation please refer to the <u>P-CCS Student Handbook</u>. Page 36 outlines the guidelines for elementary students.

## **Information from P-CCS**

## 2023 Fall P-CCS Family-School Relationships Survey

More than 2,000 P-CCS community members took the 2023 Fall P-CCS Family-School Relationships Survey and the results are in.

The comprehensive report of the summative data from the surveys, along with other survey-related resources, are available now using the links below:

- P-CCS Family-School Relationships Fall 2023 Survey Report (via Google)
- P-CCS Board of Education Presentation from January 9, 2024 Regular Board Meeting
- <u>Video of Nick Brandon and Jonathan Flukes Presenting Report to Board of Education During</u>
   <u>January 9, 2024 Regular Meeting</u> (via P-CCS Official YouTube Channel)

My Grown-Up and Me: Language and Higher-Order Thinking Presentation

Join us on Thursday, January 25 from 6 to 8 p.m. at Tonda Elementary School (in the Media Center) for this K- 5, "My Grown-Up and Me" series presentation. Parents and guardians are encouraged to bring their students with them and interact through activities designed to strengthen language development and foster higher-order thinking skills. Children walk away with fun and entertaining experiences, and grown ups walk away with tools and ideas to use at home. This Family Academy is specifically designed to give parents and guardians the tools needed to interact in ways that develop strong, happy thinkers.

Register for My Grown-Up and Me: Language and Higher-Order Thinking here!

### **IMPORTANT MESSAGE FROM FOOD & NUTRITION SERVICES**

This upcoming summer, eligible families will be able to receive money for select food items through the new Summer EBT program. Families are highly encouraged to complete the Summer EBT and Education Benefits with Michigan School Meals Program application.

Applications are available on the P-CCS Food & Nutrition Services page of the district's website. You may access the form by clicking on <u>P-CCS Application</u>. Please note: All families must submit the Summer EBT and Education Benefits with the Michigan School Meals Program form before count day (in early February 2024) to receive benefits over the summer. For more information, please contact <a href="mailto:healthy.meals@pccsk12.com">healthy.meals@pccsk12.com</a>

## **P-CCS Community Education Winter and Spring Courses**

P-CCS Community Education Winter and Spring courses are now enrolling online at <a href="https://pccs.reg.eleyo.com/communityed">pccs.reg.eleyo.com/communityed</a> A variety of after school, evening and weekend enrichment/recreation classes are available for all ages.

For youth, courses starting soon include: Art, babysitting/CPR training, basketball, golf, gymnastics, karate, musical theater, and soccer. Adult winter offerings include: Basketball, cardio drumming (free class 1/24), CPR, gentle yoga, karate, music lessons, and retirement planning.

New courses are added throughout the season, so check the Community Education website often at <u>P-CCS Community Education</u>. Additional information and registration details can be found at <u>pccs.reg.eleyo.com/communityed</u>. Updates are also shared on Facebook - <u>@pccscommed</u>

## **Plymouth-Canton Community Schools Weekly Podcast**

Plymouth-Canton Community Schools produces a weekly podcast with all the important district information for students, staff and families. You can view the latest LPT in 3 podcast on the district's official YouTube channel at: <u>LPT in '3'</u>.



## **Stay Connected and Contact Us**

Our Office Staff (email us by clicking on our name)

Mrs. Aimee Bell, Principal

Ms. Zaina Gennaoui, Student Support Coordinator

Mrs. Maria Beltran-Barrientos, Administrative Secretary

Mrs. Melissa Lomibao, Office Paraprofessional

Mrs. Shamalata Raman, Office Paraprofessional

Mrs. Cheryl Wiseman, School Nurse

Mrs. Amanda Prothero, Healthcare Technician

Website: https://www.pccsk12.com/our-schools/elementary-schools/gallimore

Phone: <u>734-416-3150</u>
Twitter: <u>@GallimoreKids</u>



### **Aimee Bell**

P-CCS Elementary School Principal

