



ROADRUNNER REMINDERS

WEEK OF MAY 20, 2024

What's Happening?



Field Day Volunteers Needed - Wednesday, May 22nd


Field Day is an annual school tradition where students participate in fun, outdoor activities with their classmates. Teachers move from station to station with students as they enjoy different activities organized by Mr. Victor, our physical education teacher. We're looking for volunteers to help assist students at each station on Field Day on **Wednesday, May 22**. Follow the link for more information: [2024 Gallimore Field Day Volunteer Sign-up](#)

Cereal Box Drive begins May 28th

The Gallimore Leadership Committee will be helping **3rd grader Harper Wilcox** [on her annual birthday mission](#), in partnership with Children's Hospital of Michigan, to collect cereal boxes for Gleaners Food Bank to help kids in need during the summer! We will be accepting donations of cereal boxes at Gallimore from May 28th - May 31st. The grade with the most donations will win a popsicle party!

CEREAL DRIVE

Gallimore Collection for
Gleaners Food Bank
May 28th - May 31st



The leadership committee is helping 3rd grader Harper Wilcox collect cereal boxes for Gleaners Food Bank to help kids in need during the summer! The grade with the most donations will win a popsicle party!



Fun Fair Volunteers Needed, Friday, May 31st

Gallimore's annual Fun Fair is Friday, May 31st. We need help setting up the event and monitoring the activities throughout the event! Help us to make this a memorable event for students and families! Please consider volunteering for a one hour time slot. Older siblings in middle school and high school are also welcome to volunteer!

Click here to volunteer: [Gallimore Fun Fair Volunteers](#)

Recognize a P-CCS Staff Member Who Deserves It

Do you know a great teacher, a special bus driver, a helpful secretary, or any other P-CCS staff member who deserves some extra love? Make a \$25 donation in their name to the Plymouth Canton Education Foundation. We will deliver a personalized certificate of your appreciation, recognize your teacher/staff member on social media, and enter your honorees into a drawing for a \$50 Target gift card! Donations fund teacher grants and other programs that support district families.



[Make a donation to the Plymouth Canton Education Foundation](#) (Google Form)

Important Dates

May:

- May 22nd: Field Day and Class Color Day (3rd=Green, 4th=Red, 5th=Blue, and Ms. O'Connor=Tie Dye)
- May 23rd: Field Day Rain Date
- May 27th: No School, Memorial Day
- May 31st: Fun Fair

June

- June 7th: 5th Grade Farewell in A.M.
9:15 a.m. to 10:00 a.m. Mr. Robertson and Mrs. Heimberg
10:45 a.m. to 11:45 a.m. Mrs. Berry and Mr. Gold
- June 11th: Half Day of School, dismissal at 12:10 p.m.
- June 12th: Half Day of School, dismissal at 12:10 p.m. **Last Day of School**

[Click here for the entire P-CCS 2023-2024 School Calendar](#)



PFO (Parent Faculty Organization)



WE INVITE YOU TO JOIN THE

GALLIMORE PFO



At Gallimore, we encourage family involvement and invite you to join the Gallimore Parent/Faculty (PFO) organization to help create enriching opportunities for all our students.

OPEN POSITIONS

- ✓ President
- ✓ Vice President
- ✓ Member-At-Large
- ✓ Color Run Chairperson
- ✓ Fall Family Fun Chairperson

TO LEARN MORE VISIT
TAGGALLIMOREPFO.ORG



president@taggallimorepfo.org

Gallimore Fun Fair, Friday, May 31st

The annual Gallimore Fun Fair is Friday, May 31st. The Fun Fair is a fun, end of the year event, full of outdoor activities that brings our entire school community together. (You can download the Fun Fair flyer [here](#).) **Let Gallimore's PFO Borrow something from you:** We are looking for folding tables, tents, outdoor games, etc. [Click here](#) to see what is needed.



GALLIMORE PFO
PRESENTS

FUN FAIR

HURRY!
BOOK BEFORE
MAY 24, 2024

ADMIT ONE
RAFFLES

BOUNCE HOUSE

GAMES

KONA ICE

\$10 PER FAMILY
\$15 AT THE GATES

SCAN/TAP
TO BUY
ENTRY, PIZZA,
RAFFLE

PIZZA
PRE-SALE ONLY

31
MAY

Callimore School
8375 Sheldon Rd, Canton

Music

6-8
PM

The poster features a vibrant purple background with a string of colorful pennants at the top. The word 'FUN FAIR' is written in large, stylized letters filled with illustrations of fair rides like roller coasters, Ferris wheels, and slides. A yellow starburst graphic in the top right corner contains the text 'HURRY! BOOK BEFORE MAY 24, 2024'. Below the main title, there are several smaller graphics: a yellow ticket icon labeled 'ADMIT ONE RAFFLES', a blue and red bounce house labeled 'BOUNCE HOUSE', and a game booth labeled 'GAMES'. In the middle section, there is a QR code with an arrow pointing to it from a text box that says '\$10 PER FAMILY \$15 AT THE GATES' and 'SCAN/TAP TO BUY ENTRY, PIZZA, RAFFLE'. To the left of the QR code is a 'KONA ICE' logo featuring a blue car with a character inside. To the right is a 'PIZZA' logo with 'PRE-SALE ONLY' underneath. The bottom section of the poster is divided into three parts: the date '31 MAY' in large yellow letters, the location 'Callimore School 8375 Sheldon Rd, Canton' with a 'Music' logo and a speaker icon, and the time '6-8 PM' in large white letters.

Gallimore Good News!

Walking Club



Globe Winners (20 miles) PIC•COLLAGE

Spotlight on SEL with Dr. Gennaoui



Emotional Regulation

With the weather getting nicer and summer getting closer, this time of year brings up a lot of emotions for kids (and adults!). Especially during this time of year, we often help kids in school with their emotional regulation. Emotional regulation is when you can use a strategy to be in control of your body's responses to big emotions. You might be feeling worried, silly, excited, scared, anxious, angry, or something else, and emotional regulation helps you react in an appropriate way. Here are a few grounding or

calming strategies that your kids can use to help bring students back to the present moment and stay calm in the moment:

- Counting backwards from 100
- Writing or drawing in a journal
- ABC Around the Room - look for objects that start with each letter of the alphabet, starting with A
- 5-finger breathing - students trace the palm of their hand, and breathe in as they go up their fingers, and breathe out as they go down their fingers

- Walk away and take a break
- Physical, structured exercise - do 20 jumping jacks, run in place for 2 minutes, do 10 squats
- Build with legos or plus-plus blocks

You can [click here](#) to read a blog on doing grounding exercises with kids to help them regulate their emotions. After using a strategy, kids might be in a better place to talk about what happened that made them feel angry, worried, silly, etc. And don't forget, we have the [SEL Book Library](#) available to families if you would like to check out books to read with your child related to an SEL topic.

Previous Gallimore News

Vacation Form Reminder and Homework Expectations

If your family is planning to take your child out of school for 3 or more days a [Student Vacation Form](#) should be completed and submitted to the office. The form can be sent digitally to Melissa Lomibao, our office paraprofessional, at melissa.lomibao@pccsk12.com or it can be printed and sent to school with your child. Forms should be submitted 5 days before the start of the vacation.

When students are away from school it is difficult for the teacher to know the exact topics that will be covered each day during the absence. This is because classroom learning is fluid and based on student understanding of the topics and classroom discussions. For more details regarding absences related to vacation please refer to the [P-CCS Student Handbook](#). Page 36 outlines the guidelines for elementary students.

Information from P-CCS

Summer Recreation and Enrichment Activities

P-CCS Community Education is now enrolling for summer recreation and enrichment activities for youth and adults. Ranging from art to STEM, sports and more. You also may register for P-CEP Athletics clinics (grades 3 to 12, starting as early as May) and Safety Town camp (incoming kindergartners).

Detailed information and a handy camp chart is available at the official Community Ed website: PCCS.REG.ELEYO.COM/COMMUNITYED

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Thank you Rotary Club

The Plymouth-Canton Educational Park is poised to dial up its great work on the airwaves, thanks to a generous donation from the Rotary Club of Plymouth. Named this year's top high school radio station in Michigan for the seventh consecutive year, P-CCS student-run radio station The Park

WSDP 88.1 will receive a \$200,000 donation from the Rotary Club of Plymouth. Announced on Friday, May 10, the donation will help support upgrades to the station that will benefit students and listeners for years to come.

The Rotary Club's donation will help the station reach its goal of raising \$517,000 for upgrades to its studios at Salem High School. The project will include three production studios, an interview studio, student workspace, and storage space. The upgraded studio will also improve access for people with disabilities.

Thriving Amidst Responsibilities

Being a parent/guardian is a demanding role that often leaves individuals feeling stretched thin, struggling to balance the needs of those they care for with their own well-being. Join the Student and Family Engagement department for Thriving Amidst Responsibilities on Tuesday, May 21, from 10 to 11 a.m. or Thursday, May 23, from 6 to 7 p.m. via Zoom. This special workshop explores effective strategies for caregivers to manage their time efficiently, accomplish tasks, and still find moments of enjoyment and fulfillment in their lives.

Parents/guardians will learn practical tips for prioritizing tasks, setting boundaries, and utilizing time-saving techniques to maximize productivity without sacrificing self-care. The session will delve into the importance of carving out time for oneself amidst caregiving duties, discussing methods for reducing stress, preventing burnout, and maintaining physical and emotional health. From simple mindfulness practices to fostering meaningful connections and pursuing personal interests, parents/guardians will discover how to infuse their lives with moments of happiness and fulfillment.

[Register for Thriving Amidst Responsibilities here](#)

Stay Connected and Contact Us



Our Office Staff (email us by clicking on our name)

[Mrs. Aimee Bell](#), Principal

[Ms. Zaina Gennaoui](#), Student Support Coordinator

[Mrs. Maria Beltran-Barrientos](#), Administrative Secretary

[Mrs. Melissa Lomibao](#), Office Paraprofessional

[Mrs. Shamalata Raman](#), Office Paraprofessional

[Mrs. Cheryl Wiseman](#), School Nurse

[Mrs. Amanda Prothero](#), Healthcare Technician

Website: <https://www.pccsk12.com/our-schools/elementary-schools/gallimore>

Phone: [734-416-3150](tel:734-416-3150)

Twitter: [@GallimoreKids](https://twitter.com/GallimoreKids)



Aimee Bell

P-CCS Elementary School Principal



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