

# Plymouth-Canton Community Schools Activities and Athletics Grades 6-12 Student and Parent/Guardian **HANDBOOK**

Revised May 2015

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**Visit the Activities and Athletics Websites at [www.GoPCCS.net](http://www.GoPCCS.net).**

**To the Student Participant:** From our coaches, advisors, administrators, and your fellow teammates, "Welcome." School-sponsored co-curricular activities and athletics frequently provide some of the most memorable, gratifying, and growth-oriented experiences in students' educational careers.

Please read this handbook in its entirety. The first lesson is to have integrity; do not sign on the dotted line until you have read the handbook and agree to abide by its rules and guidelines.

Good luck in your future endeavors!

### **Plymouth-Canton Community Schools Mission Statement:**

As a public educational institution, the Plymouth-Canton Community School District will lead our state in educating students to thrive in a complex global community.

### **Plymouth-Canton Community Schools Activities and Athletics Mission Statement:**

Student participants will develop college and career ready skills which are exhibited through character, teamwork, and citizenship.

- College and career ready skills will be demonstrated through time management skills; attendance; increased organization; and perseverance.
- Character will be demonstrated through sportsmanship; respect for opponents and officials; personal development; honesty; adherence to rules; goal orientation; and the acknowledgement of defeat and victory through grace.
- Team values will be demonstrated through a commitment to the greater good of team and school; effective communication; spirit and pride; and development of lifelong relationships.
- Citizenship will be demonstrated through a commitment to the greater good of the district and the community; service; being a role model; and leadership.

## PERIOD AND EXTENT

This Handbook applies to all students who participate in voluntary, school-sponsored activities that are not part of an academic course. The requirements contained herein are to be followed by these students on and off campus at all times from the time they first participate in an activity until the last activity event in which they participate in their educational career. A student's record is cumulative, and this handbook does not enumerate every situation or conduct for which there may be disciplinary consequences. Each advisor/coach may impose regulations, standards, and processes within reason and that are approved by the Department that are not included in this handbook.

## GOVERNING BODIES

Non-athletic and most "self-funded" activities participate in myriad leagues and under varying governing bodies. Please check with the individual non-athletic activity for information regarding governing bodies.

**Athletics:** Plymouth-Canton Community Schools operate under guidelines of the Michigan High School Athletic Association, Inc. (MHSAA [www.MHSAA.com](http://www.MHSAA.com)) and the Kensington Lakes Activities Association (KLAA [www.KLAASports.org](http://www.KLAASports.org)), which utilize National Federation High Schools (NFHS [www.NFHS.org](http://www.NFHS.org)) rules.

## THE BOARD OF EDUCATION

The Board of Education is the legally constituted governing body of the Plymouth-Canton Community Schools. The Board acts as the basic point of community input and has final authority on the evaluation of the educational process.

## PCCS Activities and Athletics Leadership and Staff

<b>High Schools</b>	<b>Salem</b>	<b>Canton</b>	<b>Plymouth</b>
Athletic Office	Anna Britnell 416-7774	Jan Wilbur 416-7777	Cathleen Edwards 582-5702
Assistant Principal for Activities and Athletics	Brian Samulski 416-7775	Vernon Crump 416-2925	Kyle Meteyer 582-5700
Athletic Trainer	Interim Trainer 416-7751	Susan Butcher 416-2928	Joe Durocher 582-5697
Activities Coordinator	Jennifer Bird (734) 416-2835		
Director of K-12 Activities/Athletics	Beth Savalox (Board of Education office) 416-2700		

<b>Middle Schools</b>	Central 416-2990	Discovery 416-2880	East 416-4950	Pioneer 416-7569	West 416-7550
Athletic Liaison	Pat Calzone	Brian Dinsmore	Bill Lembesis	Jennifer Fenner	Brett Wells
Co-Chairs, PCCS Middle School Athletics	Roche LaVictor, Principal, Discovery Middle School Clint Smiley, Principal, West Middle School				

## **ELIGIBILITY AND CODE OF CONDUCT**

In association with NFHS, MHSAA, and PCCS policies, standards, and guidelines.  
*Participation in co-curricular educational activities and athletics is a privilege, not a right.*

**Elastic Clause:** The administration reserves the right to establish fair and reasonable rules and regulations for circumstances that may arise requiring actions that are not covered in this handbook. In all cases, rules, regulations, and possible consequences shall be as consistent as possible with previously established rules, regulations, and consequences for similar incidents. Matters omitted from this handbook should not be interpreted as a limitation to the scope of the school's responsibility and, therefore, the school's authority in dealing with any type of infraction that may not be in the best interest of the student safety and welfare.

### **Academics, Attendance, and Educational Opportunities:**

- 1) Accept co-curricular participation as another opportunity to improve educational opportunities.
- 2) Adopt good student habits so as to maintain a high scholastic standard.
- 3) Attend all practice sessions and all contests, whether you are able to participate or not, except for during illness or when there is an unavoidable academic need. Academic and job functions should be pre-planned to avoid conflicts when possible.
- 4) Attend all classes daily; be punctual, respectful, and contribute to classroom functions, including on "game/performance days."
- 5) Attendance: In order to promote academic success, PCCS establishes high academic standards. Students are expected to have regular, exemplary attendance. For any student absence (excused or unexcused) more than three academic periods, the student may not participate in competitions or performances the same day, unless excused in writing by an administrator.

### **Fair Play, Sportsmanship, and Respect:**

- 6) Live up to the standards of sportsmanship established by the advisor, coach, and administration.
- 7) Treat opponents the way you would like to be treated.
- 8) Refrain from taunting, trash talking, or making any kind of derogatory remarks to or about your opponents before, during, and after the contest, especially comments of a racial, ethnic, or sexual nature. Refrain from intimidating or oppressive behavior.
- 9) Respect the integrity and judgment of officials. Treat them with respect, even if you disagree with their judgment.
- 10) Wish opponents good luck before the contest and finish the contest with a sign of respect, regardless of the outcome or events during the contest.
- 11) Win with humility; lose with grace. Do both with dignity. Avoid excessive celebration at all times.
- 12) The internet is public domain and subject to administrative review and discipline, including all forms of social media. This will be evaluated on a case-by-case basis. Treat your school, team, opponent, coach, and yourself with respect at all times.

### **Health and Nutrition:**

- 13) The possession, use or distribution of alcoholic beverages, tobacco or nicotine (in any form), and illegal drugs (including steroids and other performance enhancers) is prohibited and has direct consequences adhering to the PCCS Student Code of Conduct. Penalties for participants in co-curricular activities and athletics may be beyond what is outlined in the PCCS Student Code of Conduct. See later sections in this handbook.
- 14) Establish good nutritional habits.
- 15) Report any injuries to your coach and trainer immediately to avoid unnecessary medical risk.
- 16) All concussions or concussion-like symptoms must be reported, and the approval of an appropriate health care professional (MD or DO) must be submitted. See concussion guidelines in this handbook.
- 17) Participants who are injured and who have been withheld from play due to a doctor or medical professional's (physician assistant or nurse practitioner) recommendation must have a note from a doctor or medical professional to return to play. No exceptions. Athletic trainers may evaluate students at the time of the contest to determine if conditions have changed from the time the medical professional wrote the note.

**Leadership, Teamwork, and Life Skills:**

- 18) Realize that co-curricular activities and athletics reflect the life experiences of victory, defeat, acceptance, rejection, success, and failure. Realize and accept that the main purpose is learning how to best accept and embrace these opportunities for growth.
- 19) Accept participation as an opportunity to attain an understanding of other people's value systems.
- 20) Keep sight of values inherent in co-curricular activities and athletics participation, such as sportsmanship, leadership, dependability, perseverance, respect, honesty, adherence to rules, goal orientation, the acknowledgement of defeat and victory through grace, commitment to the greater good of team and school, effective communication, being a role model, and service to others.
- 21) Conduct yourself in a manner which will bring honor to you, your family, your coaches/advisors, your team, your school, your district, and your community at all times.
- 22) Be a contributing member of the team, regardless of "playing time."
- 23) Do not use cell phones on the bench. Contribute positively from the bench at all times.

**Team Membership:**

- 24) Develop your skill to the best of your ability and achieve a thorough knowledge of your activity.
- 25) Strive for further experience in your activity or sport by maintaining proper learning, training, and feedback habits.
- 26) Respect and protect school equipment, which is school property and must be returned at the end of the season.
- 27) Students are to wear team-issued and school-approved uniforms in contests and performances, in agreement with NFHS and MHSAA. Approval is by the APAA and directors of drama/music/etc.
- 28) Behave in a manner which demonstrates good citizenship.
- 29) Learn the rules of competition and adhere to them at all times.
- 30) No use of cell phones, cameras, personal computers, etc. in bathrooms or locker rooms.
- 31) The coach/advisor will determine guidelines for awarding varsity letters. These guidelines are to be communicated with the Activities and Athletics Department prior to the season/activity.
- 32) No hazing. The Board of Education believes that hazing activities of any type are inconsistent with the educational process and prohibits all such activities at any time in or out of school facilities, property, and in association with any District-sponsored activity. Hazing is any act of coercing another, including the victim, to any act of initiation into any class, group or organization that causes or creates a risk of causing mental, emotional, or physical harm. Permission, consent, or assumption of risk by an individual subjected to hazing shall not lessen the prohibitions contained in this policy.
- 33) No harassment. Harassment of any individual, staff, student or administrator at P-CEP due to race, religion, color, age, sex, national origin, disability or sexual preference, is contrary to the district's non-discrimination policies and a violation of state and federal laws. Sexual harassment in the schools is against the law under Article IX of the 1972 Education Act. In compliance with federal laws, the Plymouth-Canton Community Schools has a civil rights statement that sets forth a policy of non-discrimination. See Student Code of Conduct for more information.
- 34) Transportation: When provided, all students are expected to ride in the approved vehicle to and/or from athletic and activities events. Students riding with any other party other than his or her own parent(s) or guardian(s) must have their parent(s) sign the Transportation Waiver form and submit to the Activities and Athletics office prior to the trip, and explicit permission from the head coach.
- 35) Dress Code: The dress code of the PCCS Student Code of Conduct applies under most circumstances to Activities and Athletics. Exceptions may be for certain uniforms, costumes, etc. Shirts must be worn at all times in activities except swimming. Sports bras do not qualify as shirts. Student dress is subject to the discretion of the APAA or Athletic Liaison.
- 36) Overnight/distance Trips: On overnight Activities and Athletics field trips, the coach is the designee of the District. Students are expected to abide by the coach's directives in order to maintain a safe and orderly environment. The rules of the PCCS Code of Conduct apply at all times during field trips.

- 37) Students should practice good time-management, planning, and judgment to avoid schedule conflicts. Conflicts should be communicated to coaches well ahead of time.

### **ACTIVITIES AND ATHLETICS DISCIPLINE AND ELIGIBILITY POLICY**

Participation in activities and athletics is a privilege, not a right. Individuals who earn the right to represent their school through athletics are expected to abide by the rules established for the general student population as stated in the PCCS Student Handbook Code of Conduct.

Additionally, student participants are held to a higher standard for off-campus conduct due to the effects that this conduct can have on school athletics and activities. Specifically, participants are barred from the following actions and to follow the previous "Code of Conduct" section, especially when related to aspects of the team/organization.

- I. Using or distributing tobacco, nicotine, e-cigarettes or vaporizers, recreational or performance-enhancing drugs, alcohol, or look-alikes in any form starting at the time they first report for school-sponsored activities and athletics.
- II. Taunting or harassing teams or individuals using social media
- III. Fighting
- IV. Engage in harassment or bullying for any reason or via any means.
- V. Stealing from fellow students or school staff, referees, parents, etc.
- VI. Using language or participate in gross misconduct that is considered vulgar or inappropriate.
- VII. Participating in hazing activities
- VIII. Participating in harassment for any reason but including race, religion, national origin, gender, sexual orientation, appearance, etc.
- IX. Generally conducting themselves in a way that brings embarrassment to the team, staff, or school. The utmost respect is to be shown at all times, both at and away from school, to coaches, officials, and other school staff.

These rules begin the moment a student athlete first participates with a school co-curricular program, until the end of that student's current educational track (middle school or high school). A student's co-curricular disciplinary record "resets" at the beginning of high school.

In all cases, the Assistant Principal for Activities and Athletics (high school) or Athletic Liaison (middle school) will discuss circumstances with the coach or activities director, and then determine what level of consequences or other action is required. The student participant and/or his/her parents shall be notified before consequences are determined and provided the opportunity to present their position on the incident.

Violation of these rules is subject to progressive discipline, normally following these minimal steps (but steps can be modified in each individual case), which can be in addition to any possible school-administered discipline consequences.

First Offense (career): Consultation with APAA or Athletic Liaison, withheld from 1 contest to 20% of contests in season; AND/OR possible referral to counseling program.

Second Offense (career): Withheld from 25-50% of season; AND/OR possible referral to counseling program.

Third Offense (career): Dismissal from team for remainder of the season.

**Appeals:** Students may initiate an appeal regarding discipline or eligibility measures. Appeals must be in writing, written by the student, who may collaborate and consult with his or her parent(s). The appeal committee shall include the APAA (HS) or Liaison (MS), the student's caseload assistant principal and/or principal, and a non-affiliated coach. The decision of the appeal committee shall be final.

**Reinstatement:** For a student to rejoin a team from which he or she was dismissed, the coach and APAA (HS)/Liaison (MS) will determine what restorative steps must be taken in order for the student to be eligible to once again participate (usually the next season). These steps may include, but are not limited to, any of the following, and re-entry into the program will be reviewed and determined on a case-by-case basis.

- Apology to team, coach(es), and/or opponents
- Meeting of certain behavior or attendance criteria
- Enrollment in rehabilitative program.

In the event that the school administration places an athlete or participant on any form of suspension from school (refer to the PCCS Student Handbook), the athlete will not be permitted to practice or play during the suspension, until the school day following the last day of suspension. As outlined in the PCCS Student Handbook, vacation days, "snow days," and other "days off" do not count toward the number of days suspended.

The Activities and Athletics department respects the right of coaches, advisors, etc. to develop reasonable additional standards in order to ensure a safe, cooperative, and well-functioning team or activity. These standards (and consequences for violating these standards, including suspension or dismissal from the team) are to be communicated to and approved by the Activities and Athletics Assistant Principal (HS) or Athletic Liaison (MS).

**Attendance:** In order to promote academic success, PCCS establishes high academic standards. Students are expected to have regular, exemplary attendance. For any student absence (excused or unexcused) more than three academic periods, the student may not participate in competitions or performances the same day, unless excused in writing by an administrator. Students and coaches who ignore this rule are subject to the following:

- A. First Offense: Suspension from team/activity for next performance/contest.
- B. Second Offense: Suspension for 14 days from team/activity. Carries over to next school year. Coach receives informal letter in file.
- C. Third Offense: Suspension for remainder of season. Coach receives formal review and letter.

**Dismissal:** Prior to removing a participant from the activity for the remainder of the season, the coach/advisor and the Assistant Principal for Activities and Athletics or Athletic Liaison will review all circumstances. The participant's parents/guardians will be contacted and advised. Reinstatement to the co-curricular program is subject to review by the Activities and Athletics Department administration.

## **ELIGIBILITY REQUIREMENTS FOR ACTIVITIES AND ATHLETICS**

In association with MHSAA policies and goals of District and School Improvement Plans (SIP and DIP)

**Premise and Goal:** Activities and athletics are important to teaching college and career-ready skills beyond what is learned in the traditional academic classroom. Plymouth-Canton Community Schools will utilize co-curricular activities to raise academic achievement throughout the district.

- I. **Previous Academic Standing (not including first-semester 6<sup>th</sup> and 9<sup>th</sup> grade students):**
  - A. All Students: Students must pass 80% of a full-time course load on their previous semester report card (normally January and June).
  - B. High School: If a student has one non-passing grade on the previous semester report card, that student must have a GPA of 2.0 or higher in their remaining five courses excluding the one non-passing grade.
  - C. G grades are counted as passing grades, but not used in calculations of GPA. In the case of a G grade, the student's remaining GPA would be calculated using classes with letter grades.
  - D. A high school student who does not achieve this academic standard on the previous semester report card will be ineligible to participate in contests for a minimum of 60 scheduled school days into the next semester, unless the deficiency is made up (summer school, etc.). Middle school students must sit out the entire semester.
  - E. Deficiencies can be rectified in summer school or other approved alternative means.
  
- II. **Current Academic Standing:**
  - A. Grades will also be checked every five weeks during the academic year.
  - B. While participating in co-curricular activities or athletics, co-curricular participants must be passing 80% of a full-time course load.
  - C. High School: If a student has one "E" or other non-passing grades on their current grade report, students must have a GPA of 2.0 or higher in their remaining five courses.
  - D. Students failing to meet this requirement will be placed on Activities and Athletics Academic Probation for a minimum of one week, the next Monday through Sunday.
    - i. Students on Probation are ineligible to participate in any competitions or performances (scrimmages and official games/meets/matches/performances) for a minimum of one week, the next Monday through Sunday.
    - ii. These students must raise their grades to the minimum requirement and have a progress report filled out by their teachers, turned in by Friday for eligibility the following week, with an official grade check by the Activities and Athletics Department/Liaison.
    - iii. These students' grades will be checked weekly by the APAA/Liaison weekly for the remainder of the cardmarking (quarter), and will continue to be on Progress Reports if they participate in other sports during the next season until the end of the cardmarking (quarter).
    - iv. The maximum number of weeks that a student will be on Academic Probation is four. After three weeks, if the student's grades have not reached the minimum requirement, the student may be dismissed from the



team in order to focus exclusively on academics. This is subject to approval by the Activities and Athletics administration.

**Dismissal:** Prior to removing a participant from the activity for the remainder of the season, the coach/advisor and the Assistant Principal for Activities and Athletics or Athletic Liaison will review all circumstances. The participant's parents/guardians will be contacted and advised. Reinstatement to the co-curricular program is subject to review by the Activities and Athletics Department administration.

**Additional Information on Academic Eligibility:**

- 1) Ineligible students are permitted to practice, but not permitted to dress for or participate in contests. They may be present on sidelines, out of uniform.
- 2) There will be an appeal committee at the high school consisting of the APAA, caseload AP, and an unaffiliated coach at the HS, and liaison, principal, and coach at the middle school level.
- 3) Teams that fail to adhere to these standards will be penalized with forfeiting contests when ineligible players participate in a contest or on the sideline in uniform.
- 4) First-semester sixth and ninth-grade students are immediately eligible.
- 5) Transfer students not affected by the above (#4) rule would be affected by this rule. A transcript from the previous school would be required before participating in co-curricular activities and athletics. The Activities and Athletics administration may make exceptions to this rule.
- 6) "G" and "S" grades are considered passing, "U" and "I" grades are not passing.
- 7) Students with 1 to 4 G/S grades and one non-passing grade will have their remaining GPA calculated with letter-grade courses.
- 8) Students with 5 or 6 G/S grades and one non-passing grade will not have their remaining GPA calculated, but instead the Appeal Committee will be considered on an individual basis.
- 9) Coaches and advisors/directors will not be permitted to make decisions on "cuts" based on students' grades. Students will be given the opportunity to improve grades based on the protocols of these guidelines.
- 10) Coaches may not impose academic eligibility standards that vary from District academic eligibility guidelines. The same protocol for checking grades and interacting with teachers must be used.

**\*A variety of academic interventions are available for students who require assistance. Please contact the Activities and Athletics administrator/liaison for more information on these support programs.**

Affected Activities				
MHSAA Athletics	Non-MHSAA Athletics and Athletic Clubs	Competitive and Performance Activities	Other Affected Activities	Not Affected
Baseball Golf Lacrosse Soccer Softball Tennis Track and Field Cross Country Volleyball Swim and Dive Basketball Boys Ice Hockey Bowling Competitive Cheer Gymnastics Wrestling Football	Pom Pon Sideline Cheer Girls Ice Hockey Equestrian Figure Skating Unified Dance Clay Targets	Marching Band Instrumental Music Vocal Music Forensics Debate Orchestra Quiz Bowl Science Olympiad Math Olympiad Robotics Mock Trial WSDP Winter Guard Drama HOSA DECA	Congress Class Council (officers) NHS	Other clubs and activities required by classes and not outlined here.  Additional competitive, performance, application-based and other clubs, athletics, and activities may be added at any time.



**Examples:**

- 1) High school student earns E, D-, D-, C, C, B on S1 report. Remaining five classes GPA is 1.8. Student is not on track to graduate on time with peers. Ineligible for 60 days of next semester.
  - a. At 60<sup>th</sup> day, student earns D, D, D, C, C, C. Eligible, placed on reports.
  - b. At 60<sup>th</sup> day, student earns E, E, A, A, A, A. Ineligible (two E's).
  - c. At 60<sup>th</sup> day, student earns E, C, C, C, C, C. Eligible. Placed on reports.
  - d. Student retakes class in summer school or FastTrack that was failed. Earns a "C" grade. Student is eligible as soon as credit is granted by the district.
  - e. **If these grades were reported at 5-week grade checks, rather than a semester report card, student would be ineligible for one week (Monday through Sunday) until grades are to the PCCS minimum standard.**
  
- 2) High school student earns E, E, A, A, A, A on report card S1. Student is not on track to graduate on time with peers. Ineligible for 60 days of S2. Failed two classes.
  - a. **If these grades were reported at 5-week grade checks, rather than a semester report card, student would be ineligible for one week (Monday through Sunday) until grades are to the PCCS minimum standard.**
  
- 3) High school student earns D, D, D, D, D, D. Student is on track to graduate on time with peers. Eligible.
  
- 4) High school student is initially eligible with grades of B, C, B, C, B, C. At 5-week check, student earns E, E, E, E, E, E. Student is ineligible for one week (Monday through Sunday) and placed on progress reports.
  - a. In one week, student brings progress report and grades are double-checked in athletics office. Student earns E, C, C, C, C, C. Excluding one non-passing grade, student's GPA is 2.0. Student remains on progress report and is eligible after one week of probation.
  - b. In one more week, student's grades are E, D, C, C, C, C. Excluding one non-passing grade, student's GPA is 1.8. Student is ineligible for minimum of one more week, Monday through Sunday.
  
- 5) Middle school student is initially eligible with previous report card grades of C, C, D, D, C, B, S. At the five-week check, student has grades of E, E, C, C, C, B, S. Student is on academic probation for one week (minimum) due to two failing classes.
  
- 6) 2015-16 Official Grade Check **Approximate Dates**  
Initial Eligibility: First day of season

**Semester 1:**

5 Week: October 9

10 Week (1<sup>st</sup> Cardmarking): Nov.13

15 Week: December 11 or 18

20 Week (Semester 1): January 22

**Semester 2: 5 Week Checks**

5 Week: February 26

10 Week (3<sup>rd</sup> Cardmarking): April 1

15 Week: May 6

20 Week (Semester 2): June 12

**PCCS Athletics and Activities Academic Probation/Eligibility Weekly Progress Report for**  
(name): \_\_\_\_\_

Week ending: \_\_\_\_\_ School: \_\_\_\_\_  
Activity/Level: \_\_\_\_\_

**It is the student athlete's responsibility to:**

1. Pick up this form from the Athletic Office.
2. Complete the teacher name and class information.
3. Address the teacher BEFORE class and politely request completion of the report so that it may be picked up at the END of the hour.
4. Turn in the completed report to the athletic office by Friday to determine eligibility. No report=no eligibility.

Hour	Teacher	Class	Is student currently passing or failing? (passing is D- or better)		NOTES (IF NECESSARY ONLY)
1			PASSING	FAILING	
2			PASSING	FAILING	
3			PASSING	FAILING	
4			PASSING	FAILING	
5			PASSING	FAILING	
6			PASSING	FAILING	
Homeroom (MS only)		Homeroom (Middle School only)	S	U	

This form is for students who wish to gain eligibility or remain eligible for athletics and activities but who have become ineligible.

**10-POINT CHECKLIST FOR STUDENT HIGH SCHOOL MHSAA ELIGIBILITY**

If you cannot check all 10 items, see your Assistant Principal for Activities and Athletics.

- 1. You were enrolled in a HS not later than the fourth Friday after Labor Day.
- 2. You will not have turned 19 before September 1.
- 3. You have had a physical examination since April 15, and it is on file in the school athletic office.
- 4. You have not been enrolled in more than eight semesters or 12 trimesters in high school (grades 9-12)
- 5. You passed SIX classes in the previous semester of enrollment (excluding first semester 9<sup>th</sup> graders). If you are failing ONE class, your GPA in the remaining FIVE is 2.0.
- 6. You are currently passing SIX classes in a PCCS school.
- 7. You have not changed schools without a corresponding move by your parents or persons with whom you were living.
- 8. You have not received money or other valuable considerations for participating in MHSAA sponsored sports.
- 9. You have not or will not participate in non-school contests in your sport after having reported for your school team. Includes club, church, CYO, travel teams, select/premier teams, recreational teams, etc.
- 10. You have not competed in an all-star or national championship after having played for a high school team in the same sport.

\*Transfer students, students in shared-time programs with charter schools or home schools, and other students with special circumstances shall contact the Activities and Athletics office to determine eligibility.

Further information on eligibility is available at  
MHSAA.com or in your school's Activities and  
Athletics office.

## **Collegiate Eligibility and Participation**

High school student athletes interested in participating at the collegiate level should notify their coaches, counselors, and Assistant Principal for Activities and Athletics at the ***earliest*** opportunity.

These student athletes need to complete steps for the NCAA Clearinghouse or register with the NAIA.

[Visit the NCAA eligibility website.](#)

[Visit the NAIA website.](#)

[Visit the NJCAA website](#)

## **Student Participant Leadership**

- 1) Lead vocally and verbally, and by example on your team. Say and show teammates how and what to do.
  - Leaders not only “talk the talk,” they “walk the walk.” Their actions follow their words.
  - Leaders carry out the wishes of the coach or advisor during practice and bring concerns to his or her attention at the appropriate time.
  - Leaders represent their team well during AND away from events.
  
- 2) Captains/Officers
  - Captains and officers are elected or selected according to criteria on each individual team.
  - If you would like to be a captain or officer, ask the coach/advisor what areas you are strong in and in what areas need growth in order to be a strong candidate.
  - The role of the captain is to assist the coach as an on-field leader. Captains do not determine team strategy, help coaches make roster determinations, or discipline others.
  
- 3) PCEP Athletics and Activities Leaders Council
  - The APAA at each high school leads a leadership group for leaders in activities and athletics.
  - Coaches and advisors make determinations in who serves on this committee. Approach your coach if you are interested in serving on this committee.
  
- 4) MHSAA Student Advisory Council
  - Athletes in MHSAA sports are selected from next year’s junior class
  - Complete the official application, including the three short answer questions.
  - Be a junior in the next academic school year.
  - Have a cumulative GPA of at least 3.0.
  - Be available for all scheduled meetings.
  - Submit a letter of recommendation from an athletic director, principal, or other school administrator stating why the candidate should be selected to the committee.
  - Act as the voice of Michigan’s student-athletes.
  - Serve as a student sounding board for the MHSAA’s Representative Council.
  - Assist in planning Sportsmanship Summits, Captains Clinics and other events.
  - Participate in a yearly focus group about the state of high schools sports for Michigan State University’s Institute for the Study of Youth Sports.
  - Help with medal ceremonies at MHSAA championship events.
  - Contact your APAA during your sophomore year if you are interested in serving.

## **Student Participant Awards for Activities and Athletics**

- 1) Team Awards:
  - a. Participation Certificate: Middle School, Freshmen, and Junior Varsity/Varsity Reserve
  - b. Varsity Letter and Certificate: Each sport and team is different. However, the following apply:
    - i. Cut sports: All on varsity squad, in good standing, earn letter.
    - ii. Non-cut sports: Must have standards for earning letter including performance/participation standards.
    - iii. Activities: Must have standards for earning letter including performance/participation standards.
    - iv. All standards must be communicated with and approved by the APAA prior to start of season/activity.
- 2) School Awards
  - a. Middle Schools: Determined at each building
  - b. Senior Athletes of the Year: Determined by committee. Boy and Girl.
  - c. Senior Scholar Athletes of the Year: Determined by committee. Boy and Girl.
  - d. Senior Activity Participants of the Year: 2014-15, determined by committee. Boy and Girl.
- 3) KLAA/League
  - a. Scholar Athlete: Sophomores and above, varsity, 3.25 cumulative GPA and above.
  - b. All-Division, All-Conference: Determined by sport.
  - c. Activities: Determined by each activity.
- 4) MHSAA , State Coaches' Associations, and Other: Determined by sport/activity. Includes all-state, all-state scholar athlete, Mr./Ms. Sport, All-American, etc.

## **INSURANCE**

For student athletes without insurance there are reasonably priced individual voluntary student accident insurance plans. Our objective is not to sell insurance but to inform parents and guardians that there are alternatives for those who have no medical coverage. For more information contact the Activities and Athletics office.



## Chemical-Free Activities and Athletics

Athletes and activities participants need to have clear minds, healthy bodies, and clear consciences.

Drugs, alcohol, and tobacco/nicotine products are counter-productive to the goals of co-curricular participants. They can be used as “shortcuts,” defeating the purpose of hard work, impair mental and bodily functions, are a detriment to good health, and cloud judgment and thought that is necessary to co-curricular activities and athletics.

These substances are also dangerous and can be “gateways” to even more dangerous substances.

Users of these substances can also face legal, school, and/or team consequences. Please see previous section for disciplinary guidelines.

**Board Policy:** The Department of Community Health shall periodically distribute to the District the list of banned drugs based on bylaw 31.2.3 of the National Collegiate Athletic Association. This information shall be provided to parents, students, and the community annually. This information will be included in student handbooks and publications regarding athletics and extracurricular activities.

*Board Policy 5532 and the applicable Michigan Law make the possession, use, or distribution of performance enhancing supplements unlawful. Administrative Guideline 2431D enumerates the specific banned drugs listed by the NCAA and the Michigan Department of Community Health. (2010)*

### Banned Drugs

acetazolamide	Diuretics
alcohol	Substances Banned for Specific Sports
amiphenazole	Stimulant
amphetamine	Stimulant
androstenediol	Anabolic Agent
androstenedione	Anabolic Agent
atenolol	Substances Banned for Specific Sports
bemigrade	Stimulant
bendroflumethiazide	Diuretics
benzhiazide	Diuretics
benzphetamine	Stimulant
boldenone	Anabolic Agent
bromantan	Stimulant
bumetanide	Diuretics
caffeine (guarana)	Stimulant
chlorothiazide	Diuretics
chlorphentermine	Stimulant
chlorthalidone	Diuretics
clenbuterol	Anabolic Agent
clostebol	Anabolic Agent
cocaine	Stimulant
corticotrophin (ACTH)	Peptide Hormones and Analogues
cropropamide	Stimulant
crothetamide	Stimulant
darbepoetin	Peptide Hormones and Analogues
dehydrochloromethyl-testosterone	Anabolic Agent
dehydroepiandro-sterone (DHEA)	Anabolic Agent
diethylpropion	Stimulant
dihydrotestosterone (DHT)	Anabolic Agent
dimethylamphetamine	Stimulant
doxapram	Stimulant
dromostanolone	Anabolic Agent
ephedrine (ephedra, ma huang)	Stimulant
epitrenbolone	Anabolic Agent
erythropoietin (EPO)	Peptide Hormones and Analogues
ethacrynic acid	Diuretics
ethamivan	Stimulant
ethylamphetamine	Stimulant
fencamfamine	Stimulant
flumethiazide	Diuretics

fluoxymesterone	Anabolic Agent
furosemide	Diuretics
gestrinone	Anabolic Agent
growth hormone (HGH, somatotrophin)	Peptide Hormones and Analogues
heroin	Street Drugs
human chorionic gonadotrophin (hCG)	Peptide Hormones and Analogues
hydrochlorothiazide	Diuretics
hydroflumethiazide	Diuretics
insulin like growth hormone (IGF-1)	Peptide Hormones and Analogues
luteinizing hormone (LH)	Peptide Hormones and Analogues
marijuana <sup>3</sup>	Street Drugs
meclizolam	Stimulant
mesterolone	Anabolic Agent
methamphetamine	Stimulant
methandienone	Anabolic Agent
methenolone	Anabolic Agent
methylclothiazide	Diuretics
methylenedioxymethamphetamine (MDMA, ecstasy)	Stimulant
methylphenidate	Stimulant
methyltestosterone	Anabolic Agent
metolazone	Diuretics
metoprolol	Substances Banned for Specific Sports
nadolol	Substances Banned for Specific Sports
nandrolone	Anabolic Agent
nikethamide	Stimulant
norandrosterone	Anabolic Agent
norandrosterone	Anabolic Agent
norethandrolone	Anabolic Agent
oxandrolone	Anabolic Agent
oxymesterone	Anabolic Agent
oxymetholone	Anabolic Agent
pemoline	Stimulant
pentetate	Stimulant
phenmetrazine	Stimulant
phenmetrazine	Stimulant
phentermine	Stimulant
phenylpropranolamine (ppa)	Stimulant
picrotoxin	Stimulant
pindolol	Substances Banned for Specific Sports
pipradol	Stimulant
polythiazide	Diuretics
prolintane	Stimulant
propranolol	Substances Banned for Specific Sports
quinethazone	Diuretics
sermorelin	Peptide Hormones and Analogues
spironolactone (canrenone)	Diuretics
Stanozolol	Anabolic Agent
strychnine	Stimulant
synephrine (citrus aurantium, zhi shi, bitter orange)	Stimulant
Synthetic Marijuana	Street Drugs
testosterone <sup>2</sup>	Anabolic Agent
tetrahydrocannabinol	Street Drugs
tetrahydrogestrinone (THG)	Anabolic Agent
THC <sup>3</sup>	Street Drugs
timolol	Substances Banned for Specific Sports
trenbolone	Anabolic Agent
triamterene	Diuretics
trichlormethiazide	Diuretics

\*Students on prescription drugs should check with their athletics and activities administrator and trainer (if applicable).

\*\*Any possession or use of supplements which claim enhanced athletic performance is prohibited. This includes nutritional or protein products containing creatine, adrostenidione, or other compounds labeled as “performance enhancing.”

## FEES

### Pay to Participate:

PCCS operates under a “pay to participate” program for athletics and activities. Students who receive free or reduced lunch are exempt of these fees. Please visit [www.GoPCCS.net](http://www.GoPCCS.net) to pay these fees. Pay to participate will not be refunded after the second week of the season.

<b>High School Athletics: Per School Year</b>		
1 <sup>st</sup> Sport	2 <sup>nd</sup> Sport	3 <sup>rd</sup> Sport
\$230	\$150	Free
\$20	Free	Free
\$600 Maximum per Family		
Some teams require additional fees. Please contact the coach for details.		

The following HS sports are "self-funded" and operate under their own participation fee structure. Participation in these sports does NOT count toward the graduated fee structure (above), nor does the family maximum apply. Contact the coach for information on that team's participation rate. These sports will provide \$10 per student on rosters to the athletic department to cover costs incurred by the program.

Girls/Boys Bowling  
Girls/Boys Lacrosse

Girls/Boys Ice Hockey  
9<sup>th</sup> Grade Baseball/Softball

Cheerleading  
Pom Pon

<b>Middle School Athletics: Per School Year</b>				
1 <sup>st</sup> Sport	2 <sup>nd</sup> Sport	3 <sup>rd</sup> Sport	4 <sup>th</sup> Sport	5 <sup>th</sup> Sport
\$100	\$100	Free	Free	Free
\$400 Maximum per Family				

\*The Pay to Participate fee does not guarantee any playing time in games on a team.

\*Students have two weeks into a sports season to meet their Pay to Participate obligation. After that time, athletes will be withheld from participation. If fees are paid before the two-week deadline, but the athlete then decides not to continue, a refund will be issued. There are no refunds after the deadline.

#### **Event Admission Fees:**

Middle School Basketball, Volleyball, Wrestling, Swimming, Track: \$2 Adults, \$1 Students

High School All Sports Except Golf, Cross Country, Baseball, Tennis, and some "Self-Funded Sports:" \$5

Purchase PCEP annual passes at [www.GoPCCS.net](http://www.GoPCCS.net), the athletic office, or at the gate.

<b>*No passes to MHSAA tournaments.</b>	<b>Aug 1-Nov 1</b>	<b>Nov 1-March 1</b>	<b>March 1-June 1</b>
<b>Family (2 adults, household kids grade 12 and under)</b>	<b>\$150</b>	<b>\$100</b>	<b>\$50</b>
<b>PCCS Student w/ID Sticker</b>	<b>\$20</b>	<b>\$15</b>	<b>\$10</b>

### Activities and Athletics by Season: Open or Tryouts

Students interested in “cut sports” must understand before tryouts begin that not all individuals trying out for the team will “make the cut.” All athletes will be selected based on known criteria and will be personally informed of their standing at the end of the tryout period, normally 3-5 days in length. Special consideration may be afforded to athletes injured in a previous season or too ill to tryout. Students and parents are reminded that there are opportunities to participate in a no-cut program and/or to be a part of the team in another capacity if provided by the coach.

<b>High School Sports</b>					
<b>Fall</b>		<b>Winter</b>		<b>Spring</b>	
<b>Gender/Sport</b>	<b>Begins</b>	<b>Gender/Sport</b>	<b>Begins</b>	<b>Gender/Sport</b>	<b>Begins</b>
*BOYS SOCCER	Aug 12	*BOYS BASKETBALL V/JV/9 <sup>TH</sup>	Nov 16	*(9 <sup>TH</sup> )*BOYS BASEBALL	Mar 14
#*+SIDELINE CHEER	June 4	*GIRLS BASKETBALL V/JV/9 <sup>TH</sup>	Nov 9	#*BOYS LACROSSE	Mar 14
GIRLS GOLF	Aug 12	#BOYS ICE HOCKEY	Nov 2	#*GIRLS LACROSSE	Mar 14
*GIRLS VOLLEYBALL	Aug 12	#+GIRLS ICE HOCKEY	TBD	*GIRLS SOFTBALL	Mar 14
#*+POM PON	June 4	#GIRLS BOWLING	Nov 16	*GIRLS SOCCER	Mar 14
BOYS TENNIS	Aug 12	#BOYS BOWLING	Nov 16	BOYS GOLF	Mar 14
*FOOTBALL	Aug 10	#*COMPETITIVE CHEER	Nov 9	BOYS TRACK & FIELD	Mar 14
BOYS CROSS COUNTRY	Aug 12	BOYS SWIM/DIVE	Nov 23	GIRLS TRACK & FIELD	Mar 14
GIRLS CROSS COUNTRY	Aug 12	WRESTLING	Nov 16	GIRLS TENNIS	Mar 14
GIRLS SWIM/DIVE	Aug 12	GIRLS GYMNASTICS	Nov 2		
+#EQUESTRIAN	TBD	+#FIGURE SKATING	TBD		
		+#CLAY TARGETS	TBD		

<b>Middle School Sport</b>		
<b>Season</b>	<b>Sport</b>	<b>Grade</b>
September 9-October 22	Girls Basketball	7 <sup>th</sup> and 8 <sup>th</sup> Grade
September 9-October 20	Boys and Girls Cross Country	6 <sup>th</sup> , 7 <sup>th</sup> , and 8 <sup>th</sup> Grade
October 23-December 16	Girls Volleyball	7 <sup>th</sup> and 8 <sup>th</sup> Grade
October 23-December 17	Wrestling	7 <sup>th</sup> and 8 <sup>th</sup> Grade
January 4-February 25	Boys Basketball	7 <sup>th</sup> and 8 <sup>th</sup> Grade
February 29-April 19	Boys and Girls Swimming	7 <sup>th</sup> and 8 <sup>th</sup> Grade
April 21-June 8	Boys and Girls Track	7 <sup>th</sup> and 8 <sup>th</sup> Grade



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# P-CEP Clubs & Activities

<http://pcep.pccs.k12.mi.us/clubs>

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### African American Student Association

The goal of the club is to promote diversity and to learn about the African American Culture. The club talks about issues in the African American community, participates in community service projects, produces a Black History Month program. All students are welcome to join. AASA's objectives are for each student to increase self-esteem, build character, make new friends who share common interests, assist with their academic achievement and instill in each student a sense of pride and appreciation for their culture.

**Advisor:** Gretchen Miller, [Gretchen.Miller@pccsk12.com](mailto:Gretchen.Miller@pccsk12.com)

**Location:** Salem HS, Room 2210

### Anime Club

The purpose of our club is to spread knowledge and appreciation of Japanese culture through the art form of Japanese Animation. At our bi-weekly meetings, activities may include games, drawing, cosplay, film screenings, and open discussion forums. Each year we organize and host our own Animé convention, which is held in May and open to the public.

**Advisor:** John Heilman, [john.heilman@pccsk12.com](mailto:john.heilman@pccsk12.com)

**Location:** Canton HS Media Center

### Apps Club

The main goal of the Apps Club is to design and build applications for Android and web applications. Anyone can join, but a basic knowledge of programming would be preferred.

**Advisor:** Catherine Mast, [cathy.mast@pccsk12.com](mailto:cathy.mast@pccsk12.com)

**Location:** Canton HS Room 175

### Aria \* Prerequisite

This all female a cappella vocal ensemble will focus on learning and performing popular choral music. Vocal auditions will be held during the first week of school. To audition, students will be asked to sing 16 bars of a prepared pop song. Rehearsals will be held on Fridays after school. Students do not need to be in choir to audition.

**Advisor:** Jennifer Neumann, [Jennifer.Neumann@pccsk12.com](mailto:Jennifer.Neumann@pccsk12.com)

**Location:** Salem HS, Room E1400

### Art Lab

The Art Lab is an after school program for students interested in improving their artistic abilities. Students can bring in art projects on a freelance basis and receive constructive criticism to polish them. Open to all students currently enrolled in a P-CEP art class.

**Advisor:** Clevell Koon, [clevell.koon@pccsk12.com](mailto:clevell.koon@pccsk12.com)

**Location:** Plymouth HS, Room 613

### Asian Pacific American Club

APAC is a club for anyone interested in issues pertaining to the Asian Pacific American community. Students learn about Asian Pacific American culture and discuss issues affecting Asian Pacific Americans today.

**Advisor:** Richard Mui, [richard.mui@pccsk12.com](mailto:richard.mui@pccsk12.com)

**Location:** Canton HS, Room 256

### Avant-Garde: P-CEP Film Club

The purpose of this club is to offer a venue for students and staff to learn about the art and technique of film through the viewing and discussion of important classic and contemporary films. This club will operate to support the Modern Literature & The Arts course with its film component as well as class components of Humanities, AP English and Advanced Composition. This is not a venue to watch popular films that students have already seen, but rather to expose students to more obscure, artistic and visionary examples of film and its potential.

**Advisor:** Brian Read, [brian.read@pccsk12.com](mailto:brian.read@pccsk12.com)

**Location:** Salem HS, Room 1223

### Biology Olympiad \* Prerequisite

This club will prepare members for the Biology Olympiad exam. Members must have taken a biology class, or be currently enrolled in one. This club meets bi-weekly.

**Advisor:** Jeff Boykin, [jeffrey.boykin@pccsk12.com](mailto:jeffrey.boykin@pccsk12.com)

**Location:** Canton HS, Room 137

### Breakdancing Club

The purpose of this club is to teach and inform students of the art and culture of breakdancing through lessons and workshops. Open to all P-CEP students who want to learn or just watch and have fun.

**Advisor:** Jacob Porter, [Jacob.porter@pccsk12.com](mailto:Jacob.porter@pccsk12.com)

**Location:** Canton HS, The Pit

### Business Professionals of America

Business Professionals of America (BPA) is a career and technical student organization (CTSO) for students pursuing careers in business management, office administration, finance, information technology and other career-related fields. Students learn workplace and leadership skills to become more knowledgeable and professional. Students participate in service and leadership opportunities and can compete in 72 different competitive events at local, state, and national conferences. The club is open to any interested student currently enrolled in a business class. Contact any teacher in the Business Department for meeting dates and times

**Advisor:** Lesnie Orsborn, [lesnie.orsborn@pccsk12.com](mailto:lesnie.orsborn@pccsk12.com)



**Campus Christians** \*\*\* Student Initiated Activity

This student led group meets on a weekly basis to talk about spiritual matters, study the Bible, sing spiritual songs, prayer and share experiences.

**Advisor:** Noah Salter, [noah.salter@pccsk12.com](mailto:noah.salter@pccsk12.com)

**Location:** Canton HS, Room 99

**Chamber Orchestra**

The Chamber Orchestra is open to any student with prior experience on an orchestral string instrument.

**Sponsor:** Cathy Depentu, [Cathy.DePentu@pccsmaail.net](mailto:Cathy.DePentu@pccsmaail.net)

**Location:** Canton HS, Room 300

**Chess Club**

The Chess Club is open to all students who are interested in learning about and playing chess.

**Advisor:** Dave Steele, [david.steele@pccsk12.com](mailto:david.steele@pccsk12.com)

**Location:** Canton HS, Room 212

**Classic Film Club**

"In a world where digital and CGI don't exist...are some of the greatest films ever made!" Classic Film Club is dedicated to viewing, discussing, studying, and celebrating classic films from the silent era to the golden age of Hollywood and beyond.

**Advisor:** Jeff Richard, [Jeffrey.richards@pccsk12.com](mailto:Jeffrey.richards@pccsk12.com)

**Location:** Canton HS C247

**Class Student Councils – P-CEP**

At each school, each class has a Class Council that is responsible for planning activities and making decisions regarding the individual class events. Class Councils focus on homecoming participation, prom planning, various community and school projects, and promoting enthusiasm and pride in our schools. Students do not need to be elected to serve their class as a council member; they need to indicate interest and attend meetings regularly. Class Councils typically meet weekly or bi-weekly as determined by the members and the advisor.

**Canton Class Councils**

Class of 2015 - Advisors: Shafaq Akhter & Joanna McLean, C165 & C157

Class of 2016 – Advisor: Amy Rumschlag & Erin Le, 152

Class of 2017 – Advisor: Amy Rumschlag & Erin Le, 152

Class of 2018 – Advisor: Bill Rothwell, C174

**Plymouth Class Councils**

Class of 2015 – Advisor: Sharon Laing, Room 112C

Class of 2016 – Advisors: David Fleming & Rebecca Harrison, 213B, 212B

Class Of 2017 – Advisors: Tim Nadon, Room 100A

Class of 2018 – Advisor: Libby Kryskowski, Room 106B

**Salem Class Councils**

Class of 2015 – Advisor: Becky Nimmerguth & Sara Kruz, Room 1203

Class of 2016 – Advisor: Sean Gray, Room 1127

Class of 2017 – Advisor: Susan Bawden, Room 2229

Class of 2018 – Advisor: Kelli Osborne, Kurt Runchey, Room 1214

**Clay Target Club** \*\*P-CEP Affiliate

The Clay Target Club is for anyone interested in the shotgun shooting sports of skeet, trap and sporting clays. Student athletes are

introduced to clay target sports and compete against other teams within the Scholastic Clay Target Program.

Contact: Jeff Grendysa, [PCEPClayTarget@pccsk12.com](mailto:PCEPClayTarget@pccsk12.com)

Contact Information: 734-716-9262

**Close Up Club**

The Close-Up Club is open to all students interested in the discussion of government, politics, history, and current events. The club will meet monthly to discuss current event topics of interest to its members. The culmination of the year will be the annual Close-Up Trip to Washington, DC (while members are encouraged to attend the trip, it is not a requirement for Club Membership). The Close-Up Club will meet the fourth Thursday of each month after school in Canton Room 243

**Advisor:** Chris Belch, [chris.belch@pccsk12.com](mailto:chris.belch@pccsk12.com)

**Location:** Canton HS, Room 243

**Compassion International**

Compassion International serves individual children and women in third world countries through missions, sponsorships, and donations. As a club we will offer service opportunities and projects to raise money for Compassion Int'l, among other affiliated organizations. Throughout the year we will hold fundraisers, work with groups like Save the Children to knit hats for infants, and work to serve our international community. We meet biweekly so your schedule is stress-free.

**Advisor:** Jennifer Greene, [Jennifer.greene@pccsk12.com](mailto:Jennifer.greene@pccsk12.com)

**Location:** Canton HS, Room 154

**Con Amore** \* Prerequisite

This all male a cappella vocal ensemble will focus on learning and performing popular music. Students will sing and perform some dance and choreographed movement. Auditions will be held during the first week of school. To audition, students will be asked to sing 16 bars of a prepared pop song. Rehearsals will be held on alternating Fridays after school. Students do not need to be in choir to audition.

**Advisor:** Jennifer Neumann, [Jennifer.Neumann@pccsk12.com](mailto:Jennifer.Neumann@pccsk12.com)

**Location:** Salem HS, Room E1400

**Congress – Student Government**

Student government at P-CEP is designed to provide students with an avenue to constructively consider and act upon issues that affect the student body. Students may apply for membership each Spring. Administrators, teachers, and students participate together to provide for student-advised activities. Students are encouraged to make their views known. At each school, the governing body is responsible for planning activities and making decisions regarding the entire student population. The main activities are homecoming events, canned food drives, Toys for Tots, 8<sup>th</sup> Grade Activities Extravaganza and various community and school projects.

**Canton Advisor:** Nick Fotiu, [nick.fotiu@pccsk12.com](mailto:nick.fotiu@pccsk12.com)

**Location:** Canton HS, Room 141

**Plymouth Advisor:** Luke Swanson, [luke.swanson@pccsk12.com](mailto:luke.swanson@pccsk12.com)

**Location:** Plymouth HS, Room 106B

**Salem Congress Advisor:** Ty Moss, [ty.moss@pccsk12.com](mailto:ty.moss@pccsk12.com)

**Location:** Salem HS, Room W2214

**Cricket Club**

The Cricket Club is open to all students who are interested in learning about the sport of Cricket. We will discuss the history, rules, and theory of the game. This club will also enjoy playing the sport!

**Advisor:** Donna Gatzke, [donna.gatzke@pccsk12.com](mailto:donna.gatzke@pccsk12.com)

**Location:** Salem HS, Room 2207

**Cross-Fit Club**

CrossFit is also the only fitness program that has defined fitness in a way that is measurable, observable, and repeatable. It is both a strength and conditioning program. It consists of constantly varied, functional movements, done at high intensity. Come and bring your friends to compete with or compete against. This isn't just a workout...it's an adventure! (Before attending, please go to <http://pcep.pccs.k12.mi.us/node/3864> to download, print and get waivers signed.

**Advisors:** Charles Hameline [charles.hameline@pccsk12.com](mailto:charles.hameline@pccsk12.com)

Jeffrey Boykin [jeffrey.boykin@pccsk12.com](mailto:jeffrey.boykin@pccsk12.com)

Jennifer Olivero [jennifer.olivero@pccsk12.com](mailto:jennifer.olivero@pccsk12.com)

Mike Andridge [mike.andridge@pccsk12.com](mailto:mike.andridge@pccsk12.com)

Email: [PCEPCrossFit@pccsk12.com](mailto:PCEPCrossFit@pccsk12.com)

**Debate Team**

This is a first semester competitive organization at the Park. We start meetings in early September and our season finishes up in January. We compete in the Wayne-Oakland Debate League (WODL), Saturday Tournaments and may take a select qualifying group of kids to the MFA State Finals. Students learn to perfect skills in public speaking, researching, argument development and personal poise. Try-outs will be at the SECOND meeting of the school year; the first meeting will be informational only. We will take a team of approximately 35 dedicated and talented individuals; with 3 positions taken by our elected officers already. This is an excellent opportunity to meet others, look GREAT on college applications - and we eat a lot of pizza together, too! Come check us out.

**Advisor:** Gretchen Andridge [gretchen.andridge@pccsk12.com](mailto:gretchen.andridge@pccsk12.com)

**Location:** Plymouth HS, Plymouth 207B

**DECA-Plymouth Canton Chapter** \* Prerequisite

This club is open to all students who are currently enrolled in a marketing course or have taken a marketing or entrepreneurship course. The purpose of this club is to develop leadership characteristics, confidence and awareness of our enterprise system, needed for careers in marketing, merchandising and management. Participation in the club allows students the opportunity to experience local and out of state travel and to participate in career development competitions at the district, state and national level.

**Advisors :** Jaime Scappaticci, [jaime.scappaticci@pccsk12.com](mailto:jaime.scappaticci@pccsk12.com)

Cristina Scappaticci, [cristina.scappaticci@pccsk12.com](mailto:cristina.scappaticci@pccsk12.com)

Tyra Johnson, [tyra.johnson@pccsk12.com](mailto:tyra.johnson@pccsk12.com)

Whitney Cassie, [whitney.cassie@pccsk12.com](mailto:whitney.cassie@pccsk12.com)

**Location:** Canton HS, Room 110

**Diversity Council**

For any student interested in increasing their knowledge about diverse issues and who want to be involved in events, activities, workshops, and field trips. For those who are committed to the increasing their awareness of people's differences, accepting, tolerating, and appreciating differences, and being proactive in helping to make P-CEP a more harmonious and safe place to be.

**Advisor:** Paul Fisher, [paul.fisher@pccsk12.com](mailto:paul.fisher@pccsk12.com)

**Location:** Salem HS, Presentation Room

**Do Something**

DoSomething.org is a not for profit organization that believes teenagers have the power to make a difference. The aim is to inspire, empower, and celebrate a generation of do-ers; teenagers who recognize the need to do something, believe in their ability to get it done, and then take action. Join us in our many fun and successful projects that truly make a difference!

**Advisor:** Scott Thomas, [scott.thomas@pccsk12.com](mailto:scott.thomas@pccsk12.com)

**Location:** Plymouth HS, Room 100B

**eDAST (Engineering, Design & Simulation Technology) Club**

The purpose of this club is to bring engineering design (CAD data, 3D design, etc.) and simulation experience to all students at the Park.

**Advisor:** Brad Wharry, [Robert.wharry@pccsk12.com](mailto:Robert.wharry@pccsk12.com)

**Location:** Canton HS, Room CV9

**ECO Club**

The P-CEP ECO Club is an organization dedicated to educating other students and the community about our natural environment and how to preserve our resources. Activities consist of creating programs that inform students about the importance of protecting our environment.

**Advisor:** Donna Gatzke, [donna.gatzke@pccsk12.com](mailto:donna.gatzke@pccsk12.com)

**Location:** Salem HS, Room 2207

**Equestrian Club** \*\* P-CEP Affiliate

The P-CEP Equestrian Club competes against other high schools in the state through the Michigan Interscholastic Horsemanship Association. Competitions take place in September and October, but regular meetings continue year round. All levels of experience are welcome. Students must have access to a horse if they wish to compete, but those not able to compete are still encouraged to join. During the school year, meetings are held once a month.

**Contact:** Kathy Hollenstine (Plymouth), Shareen Tata (Canton) and Beth Petty (Salem)

**Contact Info:** [PCEPEquestrian@pccsk12.com](mailto:PCEPEquestrian@pccsk12.com)

**Fellowship of Christian Athletes (FCA)** \*\*\* Student Initiated Activity FCA is the largest Christian Sports Organization in America and has been around since 1954 on professional, college, and high school campuses nationwide. Our local FCA Huddle Group is student initiated and encourages and challenges athletes in areas of integrity, faith, teamwork, serving, values, and excellence on and off the athletic field. Current or former members of recognized school athletic teams or those who carry an interest in athletics are encouraged to attend.

**Adult Contact:** Diane Robertson, [diane.robertson@pccsk12.com](mailto:diane.robertson@pccsk12.com)

**Contact Info:** 734.582.5602

**Festival Singers** \* Prerequisite

Members of the Festival Singers will learn SATB music and perform in the community. Students must be enrolled in Madrigals or Chamber Singers during the school day. Rehearsals will be held every other Tuesday after school.

**Advisor:** Jennifer Neumann, [Jennifer.Neumann@pccsk12.com](mailto:Jennifer.Neumann@pccsk12.com)

**Location:** Salem HS, Room 1400





**Figure Skating Club** \*\* P-CEP Affiliate

All levels of skaters welcome.

**Adult Contact:** Ms. Ellen Kolarik [PCEPFigureSkating@pccsk12.com](mailto:PCEPFigureSkating@pccsk12.com)

**Phone:** (734) 981-8846

**Food Club**

The Food Club is an organization dedicated to exploring different cultures through food. We will sample a variety of different ethnic foods, as well as traditional favorites from local businesses.

**Advisor:** Chris Belch, [chris.belch@pccsk12.com](mailto:chris.belch@pccsk12.com)

**Location:** Canton HS, Room 243

**Forensics**

Forensics is designed to develop a student's speaking and leadership skills. Training is done through an extensive program of motivation, education and competition to encourage proficiency in speech communication skills. It is fun! Students compete regularly in tournaments from January – May.

**Advisor:** Peggy Morelli, [peggy.morelli@pccsk12.com](mailto:peggy.morelli@pccsk12.com)

**Location:** Canton HS, Room 221

**French Club**

French Club members participate in activities that promote French culture, French cuisine, and the French language. It is a social club dedicated to having fun with French themes.

**Advisor:** Kathy Rokakis, [katherine.rokakis@pccsk12.com](mailto:katherine.rokakis@pccsk12.com)

**Location:** Salem HS, Room 2113

**Future Educators Association (FEA)**

This group provides students interested in education-related careers with activities and materials that help them explore the teaching profession in a variety of ways. FEA helps students develop the skills and strong leadership traits that are found in high quality educators and significantly contributes to the development of the next generation of great educators.

**Advisor:** Cecilia Hutchinson, [Cecilia.hutchinson@pccsk12.com](mailto:Cecilia.hutchinson@pccsk12.com)

**Location:** Canton HS, Room 136

**Games Club**

This is an informal club for students interested in strategy and role-playing games, such as "Magic the Gathering," and "Dungeons and Dragons".

**Advisor:** Devin Long, [devin.long@pccsk12.com](mailto:devin.long@pccsk12.com)

**Location:** Canton HS, Room 107

**Gardening Club**

This club is to help education students and volunteers about health food options and eco-friendly practices and to establish a small garden at P-CEP where students, teachers and members of the community can come together to grow organic produce.

**Advisor:** Karol Williams, [karol.williams@pccsk12.com](mailto:karol.williams@pccsk12.com)

**Location:** Plymouth HS, 220C

**Gay Straight Alliance**

Membership is open to everyone, gay or straight. The purpose is to provide a safe and welcoming place for Lesbian, Gay, Bisexual, Transgender persons and their friends to meet and discuss issues of

sexual orientation. Alliance also hopes to educate the P-CEP community about heterosexism and homophobia.

**Advisor:** Larry Price, [larry.price@pccsk12.com](mailto:larry.price@pccsk12.com)

**Location:** Plymouth HS 107B

**German Club**

This is a social club that promotes a better understanding of German language and culture through planned activities that may include an international dinner, a trip to a German restaurant and other group activities.

**Advisor:** Kim Henson, [kim.henson@pccsk12.com](mailto:kim.henson@pccsk12.com)

**Location:** Canton HS, Room 103

**GET IT Club (Girls Exploring Together Information Technology)**

This group will provide the young women of P-CEP with an opportunity to explore technology through trips and competitions. Advised by the Michigan Council of Women in Technology Foundation. The purpose is to provide an encouraging environment where the girls can feel comfortable discovering computers and other technology at their own pace and without other social pressures.

**Advisor:** John Magoullick, [john.magoullick@pccsk12.com](mailto:john.magoullick@pccsk12.com)

**Location:** Salem HS, Room 3101

**Gourmet Club/Skills USA (Prostart)**

The purpose of this club is to facilitate a place and time for students with a deep interest in culinary arts to experience aspects of the industry that cannot be conducted during regular class time. Focus will be on advance food preparation techniques. A portion of this club consists of culinary competition during second semester.

**Advisor:** Diana Woodward, [diana.woodward@pccsk12.com](mailto:diana.woodward@pccsk12.com)

**Location:** Salem HS, Room 1110

**Great Books Club**

Open to any P-CEP student who wishes to attend and has a genuine interest in reading and discussing great books.

**Advisor:** Dave Steele, [david.steele@pccsk12.com](mailto:david.steele@pccsk12.com)

**Location:** Canton HS, Room 212

**Health Occupations Students of America (HOSA)**

Membership in this organization is open to any student at P-CEP who is interested in the health care field. HOSA's mission is to advance the education and welfare of its members by assisting students to make career goals, build self-esteem and leadership skills, and maintain motivation for a future career in health care. One of the goals of the P-CEP HOSA Chapter is to raise awareness of health care issues. To help meet this goal, students will be involved in community service projects related to current health care issues. HOSA members will also have the opportunity to compete in Regional and State HOSA competitions.

**Advisor:** Francine Girard, [francine.girard@pccsk12.com](mailto:francine.girard@pccsk12.com)

**Location:** Canton HS, Room CV24

**Indian American Student Association (IASA)**

This organization unites Indians of different backgrounds and other students interested in other areas of the world for a common goal in learning Indian culture.

**Advisor:** Paul Fisher, [paul.fisher@pccsk12.com](mailto:paul.fisher@pccsk12.com)

**Location:** Meetings held in CHS Cafeteria

**K-Pop Club**

KPOP is a club created to bring together individuals that have a similar interest in Korean pop culture, or simply want to learn more about it! While the focus of the club is on Korean pop culture, we will also touch on the pop culture of other Asian countries such as China and Japan. During our meetings we will discuss current news in the Asian music industry, learn about popular bands/groups, and practice some of the dances that accompany this style of music. In this club participants will gain a deeper understanding of the Korean culture while enjoying Asian music, pop culture, and dance. The club meets Mondays 2:30-3:30.

**Advisor:** Heather Thomson, [heather.thomson@pccsk12.com](mailto:heather.thomson@pccsk12.com)

**Location:** Canton HS, Room 108

**Key Club**

Key Club, which is part of the Kiwanis International organization, is the oldest and largest student-lead service program for high school students that teaches leadership through serving others. Key Club members volunteer time with various organizations such as the Salvation Army, March of Dimes, Read & Lead, Relay for Life, and Kids Against Hunger, as well as visiting nursing homes, volunteer at soup kitchens, etc.

**Advisor:** Lesnie Orsborn, [lesnie.orsborn@pccsk12.com](mailto:lesnie.orsborn@pccsk12.com)

**Location:** Salem HS, Media Center

**Link Crew**

Link Crew is a program designed to help freshmen feel more comfortable as well as help them realize their potential during their first year of high school. The Link Crew Freshman Orientation and Transition Program is designed to both welcome and support freshmen by linking them with a junior or senior Link Leader during their first year. The Link Leaders are responsible students who are selected from a large pool of applicants and have met the qualifications of being a good role model and a positive leader on our campus

**The P-CEP Link Crew Coordinators:**

Kristen Davies, Michelle Mimikos, Tony Vassaallo – Canton  
Joshua Carroll, Nan Hansen, Lauren Kulczycki – Plymouth  
Cate Campbell, Rebecca Nimmerguth, Ricky Styes - Salem

**Marching Band – Plymouth-Canton Educational Park****\* Prerequisite**

The various components of the Marching Band include the Visual Ensemble (the Color Guard), the Drumline (all percussion instruments), and the Hornline (all woodwind and brass instruments). All members must attend spring training sessions and must pass an audition and selection process in the spring prior to participation in the fall.

All members will participate in summer rehearsals. The June, July, and August band camps are required for participation in the nationally renowned Plymouth-Canton Educational Park Marching Band. During the school year, the band rehearses after school for four days a week and competitions are on Saturdays. Performances include marching band festivals, some football games, and various community performances. The marching season ends mid-November. All performances and after school rehearsals are required. We look forward to you joining one of the most successful high school organizations in the state of Michigan. Welcome to our band family!

**Director:** George (Jon) Thomann, [george.thomann@pccsk12.com](mailto:george.thomann@pccsk12.com)

**Asst. Director:** David Armbruster, [david.armbruster@pccsk12.com](mailto:david.armbruster@pccsk12.com)

**Location:** Plymouth HS, Room 618

**Phone:** (734) 582-5666

**Math Olympiad Team**

The Math Olympiad Team promotes and participates in math related activities and competitions throughout the year. Weekly meetings are largely spent preparing to compete both individually and as a team. Emphasis is placed on learning topics in mathematics that require excellent critical thinking skills, such as number theory, probability, combinatorics, counting techniques, and the like. More experienced members also share tips and techniques for solving a wide variety of problems.

**Advisors:** Karen Ludema, [karen.ludema@pccsk12.com](mailto:karen.ludema@pccsk12.com)

Bob Sheets, [bob.sheets@pccsk12.com](mailto:bob.sheets@pccsk12.com)

**Location:** Plymouth HS, Room 107C

**Middle Eastern Student Association (MESA)**

MESA meets to increase the awareness of Middle Eastern and European cultures and to encourage understanding of the differing cultures and religions.

**Advisor:** Chris Belch, [chris.belch@pccsk12.com](mailto:chris.belch@pccsk12.com)

**Location:** Canton HS, Room 243

**Mock Trial Team**

The Mock Trial Team works throughout the Fall and Winter preparing a case for a trial competition. Students with an interest in law or theater are strongly urged to come and investigate this group.

**Advisors:** Jeff Kangas, [jeff.kangas@pccsk12.com](mailto:jeff.kangas@pccsk12.com)

Tim Nadon, [tim.nadon@pccsk12.com](mailto:tim.nadon@pccsk12.com)

**Location:** Plymouth HS, Room 210B

**Model UN**

Our focus is on world affairs and the role that the UN plays in the discussions of, and in the solutions to, world problems. Our weekly meetings involve students representing a nation currently on the UN Security Council and voicing that nation's point of view on the agenda topic. In addition, members will be offered the opportunity to attend Model UN conferences with other high school students, held at various locations throughout the school year.

**Advisor:** Josh Carroll, [joshua.carroll@pccsk12.com](mailto:joshua.carroll@pccsk12.com)

**Location:** Plymouth HS, Room 209B

**Muslim Student Association**

The Muslim Student Association is a club built upon the ideals of the Qur'an and the way of the Prophet Muhammad (Allah bless him and grant him peace). This organization seeks to foster the spiritual growth of our community whilst promoting a safe environment. We aspire to create lasting bonds within the Muslim community at P-CEP.

Furthermore, MSA serves as a foundation to help cultivate future Muslim leaders who will work towards a peaceful, tolerant climate by building bridges and calling to God's way.

**Advisor:** Zaynab Salman, [zaynab.salman@pccsk12.com](mailto:zaynab.salman@pccsk12.com)

**Location:** Canton HS, Room 201

**Mythology Club**

This club enjoys learning about all forms of mythology, learning stories from cultures around the world.

**Advisor:** Dayna Lang, [dayna.lang@pccsk12.com](mailto:dayna.lang@pccsk12.com)

**Location:** Salem HS, Room 2302



**National Honor Society** \* Prerequisite

NHS is the leader among organizations and societies that promote and recognize students who demonstrate outstanding accomplishments in the areas of scholarship, character, leadership, and service.

Membership is by application and committee review. At the beginning of the school year, all juniors and seniors who have a career GPA of 3.5 or better will receive a letter via US Mail outlining the application process.

**Advisors:** Becky Kraft, [becky.kraft@pccsk12.com](mailto:becky.kraft@pccsk12.com)  
Elena Girolamo, [elena.girolamo@pccsk12.com](mailto:elena.girolamo@pccsk12.com)

**Location:** Plymouth HS, Room 215B

**Email:** [PCEPNHS@pccsk12.com](mailto:PCEPNHS@pccsk12.com)

**Octavians**

This all male vocal ensemble will focus on learning and performing advanced level choral music. Vocal auditions will be held during the first week of school. Rehearsals will be held on Tuesdays and Fridays after school. Students do not need to be in choir to audition.

**Advisor:** Jennifer Neumann, [Jennifer.Neumann@pccsk12.com](mailto:Jennifer.Neumann@pccsk12.com)

**Location:** Salem HS, Room E1400

**Park Players Theatre Company**

Park Players is for any student with an interest in theatre and is open to all PCEP students. Students are invited to audition for shows, help build sets, and apply for production staff positions. No experience necessary. Park Players will produce five shows this year.

**Advisors:** Paul Bird, [paul.bird@pccsk12.com](mailto:paul.bird@pccsk12.com)  
Shannon McNutt, [shannon.mcnuitt@pccsk12.com](mailto:shannon.mcnuitt@pccsk12.com)

**Location:** Salem Auditorium/Canton DuBois Little Theatre

**Photography Club**

The Photo Club is a lab activity where students can use the studio to shoot, the lab to process, and the darkroom to print. A teacher will be available to assist and fine-tune the skills of budding photographers.

**Advisor:** Ann Espinoza, [ann.espinoza@pccsk12.com](mailto:ann.espinoza@pccsk12.com)

**Location:** Salem HS, Room 1209

**Physics Bowl**

This group provides P-CEP students with an opportunity to learn about Physics on a deeper level than covered in school. It also allows students to compete for prizes in the annual Physics Bowl exam Advised by the American Association of Physics Teachers.

**Advisor:** James Gell, [james.gell@pccsk12.com](mailto:james.gell@pccsk12.com)

**Location:** Plymouth HS, Room 220A

**Polish American Club**

The Polish American Club educates students and the community about Eastern European culture, tradition, history and language. It is a social environment for students to learn Polish dances and to prepare Polish foods for the International Dinner.

**Advisor:** Chris Belch, [chris.belch@pccsk12.com](mailto:chris.belch@pccsk12.com)

**Location:** Canton HS, Room 243

**Quiz/Science Bowl**

Quiz Bowl is for kids who love to know stuff! If you enjoy playing Trivial Pursuit, Jeopardy or Millionaire, you'll love Quiz or Science Bowl.

Students participate in competitions against other schools on a regular basis in Varsity and JV Teams, in the areas of History, Math, Science, English, current events, and more. Members will pay funds to register for competitions. Competition team members will be chosen based on merit.

**Sponsor:** Denise Zarate, [denise.zarate@pccsk12.com](mailto:denise.zarate@pccsk12.com)

**Location:** Plymouth HS, Room 218C

**Real Representation**

The goal of this club is to make students aware of how they are affected by the media and how targeted groups of people are inaccurately portrayed. Since the founding members will be available only for second semester, we will focus on women in particular. We will be dealing with how women are painted in every media outlet, from television to news, politics to celebrities, and more. Our focus is to discuss current events topics dealing with gender equality and how women—and men—are unrealistically shown and defined. The big picture idea is "How has media shaped our society today, as we know it?" We hope to achieve our goal of enlightenment by hosting interactive activities that accurately show how groups of people really are; hence the club name, "Real Representation." Overall, we are a group of passionate students who refuse to apathetically sit by when people are reduced to comedic characters in media and numbers in the news. The club meets the first and third Friday of each month.

**Advisors:** Jennifer Benentt@pccsk12.com

**Location:** Plymouth HS, Room 113A

**Robotics Team**

The main function of the Robotics Team is to learn what is involved in a career in engineering. We will also compete in the Robotics competition by designing and building a remote-controlled robot. Interested students may stop in Mr. Obsniuk's classroom for more information.

**Advisors:** Jay Obsniuk, [jay\\_obsniuk@pccsk12.com](mailto:jay_obsniuk@pccsk12.com)

**Location:** Canton HS, Room CV12

**Rotary Interact Club** \*\*\* Student Initiated Activity

Interact club is the high school division of Rotary International. Its goal is to raise awareness about local and international problems as well as doing our part to solve those problems. Join this group for fun and community service while developing great leadership skills.

**Adult Contact:** Carol Saunders & Paul Anderson

**Contact Info:** [PCEPRotaryInteract@pccsk12.com](mailto:PCEPRotaryInteract@pccsk12.com)

**S.A.D.D.**

The goal of Students Against Destructive Decisions (S.A.D.D.) is to promote awareness of the many destructive decisions made by teens and the often unfortunate consequences of these decisions. S.A.D.D. members organize and produce a number of awareness activities for the Park community.

**Advisor:** Janet Sutherland, [janet.sutherland@pccsk12.com](mailto:janet.sutherland@pccsk12.com)

**Location:** Plymouth HS, Room 612

**Sci-Fi Fantasy Club**

Join the Science Fiction & Fantasy Club at Plymouth in room 213A on Mondays after school. We will watch and discuss science fiction and fantasy films, read and trade novels and comic books, and play games like Dungeons & Dragons, Magic: The Gathering or Warhammer 64.

The club will also plan group trips to events like the Renaissance Festival and Motor City Comic Con. All are welcome!

**Advisor:** Dale Palmer, [dale.palmer@pccsk12.com](mailto:dale.palmer@pccsk12.com)

**Location:** Plymouth HS, Room 213A

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Elena Girolamo, [elena.girolamo@pccsk12.com](mailto:elena.girolamo@pccsk12.com)

**Location:** Plymouth HS, Room 215B

**Email:** [PCEPNHS@pccsk12.com](mailto:PCEPNHS@pccsk12.com)

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**Advisor:** Jennifer Neumann, [Jennifer.Neumann@pccsk12.com](mailto:Jennifer.Neumann@pccsk12.com)

**Location:** Salem HS, Room E1400

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**Advisors:** Paul Bird, [paul.bird@pccsk12.com](mailto:paul.bird@pccsk12.com)  
Shannon McNutt, [shannon.mcnutt@pccsk12.com](mailto:shannon.mcnutt@pccsk12.com)

**Location:** Salem Auditorium/Canton DuBois Little Theatre

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The Photo Club is a lab activity where students can use the studio to shoot, the lab to process, and the darkroom to print. A teacher will be available to assist and fine-tune the skills of budding photographers.

**Advisor:** Ann Espinoza, [ann.espinoza@pccsk12.com](mailto:ann.espinoza@pccsk12.com)

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**Sponsor:** Denise Zarate, [denise.zarate@pccsk12.com](mailto:denise.zarate@pccsk12.com)

**Location:** Plymouth HS, Room 218C

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**Advisors:** Jennifer Benett@pccsk12.com

**Location:** Plymouth HS, Room 113A

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**Advisors:** Jay Obsniuk, [jay.obsniuk@pccsk12.com](mailto:jay.obsniuk@pccsk12.com)

**Location:** Canton HS, Room CV12

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**Contact Info:** [PCEPRotaryInteract@pccsk12.com](mailto:PCEPRotaryInteract@pccsk12.com)

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**Advisor:** Janet Sutherland, [janet.sutherland@pccsk12.com](mailto:janet.sutherland@pccsk12.com)

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**Advisor:** Dale Palmer, [dale.palmer@pccsk12.com](mailto:dale.palmer@pccsk12.com)

**Location:** Plymouth HS, Room 213A



**Science Olympiad**

Science Olympiad represents a competitive team specializing in all aspects of science, from classic academic tests, fossils and chemicals, to building and battling (planes, cars, contraptions, robots, etc.). The State gives information about events the middle of October. Please check with advisors for meeting times. Teams begin meeting the 1<sup>st</sup> Monday in October; all skill levels are welcome.

**Canton:** Derek Kendall, [Derek.kendall@pccsk12.com](mailto:Derek.kendall@pccsk12.com)  
Canton HS, C177

**Plymouth:** Jim Gell, [james.gell@pccsk12.com](mailto:james.gell@pccsk12.com)  
Plymouth HS, Room 120A

**Salem:** Marcia Lizzio, [marcia.lizzio@pccsk12.com](mailto:marcia.lizzio@pccsk12.com)  
Salem HS, Room 1221  
Jenny Forrester, [Jennifer.forrester@pccsk12.com](mailto:Jennifer.forrester@pccsk12.com)

**S.O.L. (Spanish Oriented League)**

The Spanish Oriented League is a diverse social club on campus dedicated to the promotion and enjoyment of Hispanic culture. They participate in various activities throughout the year such as the International Dinner, homecoming, field trips, community service, and fiestas.

**Advisor:** Adam Obsniuk, [adam.obsniuk@pccsk12.com](mailto:adam.obsniuk@pccsk12.com)

**Location:** Plymouth HS, Room 113C

**Spoken Word**

This club will provide individuals the opportunity to express through the art of performance poetry as well as to produce slam shows, special events, and also to work on the performance aspect of poetry.

**Advisor:** Larry Francis, [larry.francis@pccsk12.com](mailto:larry.francis@pccsk12.com)

**Location:** Canton HS, Room 219

**Stand Up Speak Out**

This club's mission is to provide a place for students to discuss and promote non-bullying actions at P-CEP. We will plan informational programs for school and classes in addition to promoting activities aimed at obtaining a greater awareness of bullying found on our campus and the prevention of bullying in the future. We will meet twice monthly after school. Membership is open to all currently registered P-CEP students.

**Advisor:** Cindy Bartlett, [cindy.bartlett@pccsk12.com](mailto:cindy.bartlett@pccsk12.com)

**Location:** Salem HS, Room 1204

**Step Team**

The goal of Step Team is for each member to achieve satisfactory academic standing, improve self-esteem, and gain a sense of belonging to their community through self expression and rhythmic dance. Practices are on Tuesdays and Thursdays.

**Advisors:** Lisa Robinson-Lewis, [lisa.robinson-lewis@pccsk12.com](mailto:lisa.robinson-lewis@pccsk12.com)

**Location:** Canton HS, Cafeteria

**Student Investment Club**

The purpose of this club is to expand the knowledge and understanding of members in the area of investing, finance and the economy and to gain a greater awareness of career options in the investment industry.

**Sponsor:** Derek Southwick, [derek.southwick@pccsk12.com](mailto:derek.southwick@pccsk12.com)

**Location:** Plymouth HS, Room 200B

**Timberwolves \* Prerequisite**

This all male ensemble will focus on learning and performing popular choral music that they arrange themselves. Vocal auditions will be

held during the first week of school. To audition, students will be asked to sing 16 bars of a prepared pop song. Rehearsals will be held on alternating Thursdays after school. Students do not need to be in choir to audition.

**Advisor:** Jennifer Neumann, [Jennifer.Neumann@pccsk12.com](mailto:Jennifer.Neumann@pccsk12.com)

**Location:** Salem HS, Room E1400

**United Dance Team \*\* P-CEP Affiliate**

Are you a student at P-CEP that loves to dance? The P-CEP United Dance Team season runs from September through February. Tryouts are held in early September. Practices are held at Synergy Dance Academy, 500 S. Main in Plymouth.

**Adult Contact:** Maria Lloyd

**Email:** [PCEPUnitedDance@pccsk12.com](mailto:PCEPUnitedDance@pccsk12.com)

**Winter Guard**

When art and athletics meet, the combination can be dazzling, which is exactly the effect Plymouth-Canton Winter Guard strives to achieve. Using music, colorful flags, rifles, sabers and dance, the P-CEP Winter Guard offers up a delightful feast for the senses. The Winter Guard is an extracurricular activity that runs December thru April. It is open to all students at P-CEP. There is an audition in early December. The Winter Guard is a member of the Michigan Color Circuit and Winter Guard International.

**Advisor:** Bobby Hazelton

**Email:** [PCEPWinterGuard@pccsk12.com](mailto:PCEPWinterGuard@pccsk12.com)

**Writer's Block**

Writer's Block is an extracurricular group focused on creating a writers' community. They share work, give feedback and inspiration to writers, as well as Advisor school readings, assemble and publish the school literary magazine, and act as an information source for publishing opportunities. This club will meet every Thursday from 2:30 to 3:30 p.m. in Salem room 2301. First meeting is September 13. Students who are interested should feel free to stop by and ask questions.

**Advisor:** Kathy Churchill, [kathleen.churchill@pccsk12.com](mailto:kathleen.churchill@pccsk12.com)

**Location:** Salem HS, Room 2205

**WSDP Radio**

WSDP Radio is 88.1 FM The Park, a fully operational radio station. Students provide leadership in all areas including news, sports, on-air announcing, as well as work behind the scenes. WSDP holds auditions every Fall and Spring. Listen for announcements if you're interested in participating or contact Mr. Keith for audition information. WSDP has two main goals: 1) to train students in radio broadcasting, and 2) to serve the Plymouth-Canton Community. Website:

<http://881thepark.com/>

**Advisor:** Bill Keith, [bill.keith@pccsk12.com](mailto:bill.keith@pccsk12.com)

Phone: (734) 416-7732

**Location:** Salem HS W2108, WSDP

**Zombie Apocalypse and Survival Club**

This club talks about the insanely popular zombie culture. We will look at how to defend yourself against the zombie hordes. Also we will teach kids how to survive in the wild. We will also look at and compare the types of Hollywood zombies.

**Advisor:** Joan Kalish, [joan.kalish@pccsk12.com](mailto:joan.kalish@pccsk12.com)

**Location:** Salem HS, Room 2109

**\*\* Prerequisite** - Clubs with prerequisites may require enrollment in a particular course, auditions or tryouts. See club description for specific information.

**\*\* P-CEP Affiliate** - The Plymouth-Canton Community Schools acknowledge that students may participate in activities that are not endorsed nor Advisored by the District. Those Affiliate Clubs are permitted to use the District/School name and logo, upon signing of an Affiliate Agreement and upon receipt of approval of the P-CEP Principal. However, the parties acknowledge that the District has no other responsibility or duty of any kind.

**\*\*\* Student Initiated Activities** – These Clubs were initiated by P-CEP students and are supervised by an adult contact. The activities of these clubs are not endorsed nor Advisored by the P-CCS District.

***The following Clubs have been active at P-CEP in the past, but do not currently meet. These clubs may become active again with student interest and a faculty advisor.***

80s Culture Club  
 A & A: Awareness and Activism.  
 Animal Rights Club  
 Association for the Advancement of Table Tennis (AATT)  
 Automotive Technology Club  
 Be A Number  
 Biology and Natural Sciences Club  
 BuildOn  
 Chinese Club  
 Coloring Club  
 Combination Racquets Club  
 Dynamic Arts Club  
 Enlightenment Project  
 Family, Career & Community Leaders of America (FCCLA)  
 Fashion Club  
 Film, Acting & Directing Club (F.A.D.)  
 Go Club  
 Hindu Student Association  
 History Club  
 Improv Club  
 Irish Scottish American Club  
 Italian American Club  
 Native American Club  
 Jabari and Nsedua's Pride (JNP)  
 Park for Peace  
 Progressive Voice  
 Project Band  
 Puppetry Club  
 Russian, Ukrainian, American Club  
 Secular Student Alliance  
 To Write Love on Her Arms  
 Ultimate Frisbee Club  
 Women of the World (WOW)  
 Young Republicans

## Middle School Non-Athletic Activities

Some middle school activities include the following. For information, visit your school's [homepage](#).

Mathcounts  
 National Junior Honor Society  
 Science Olympiad  
 Sixth Grade Camp  
 Washington, DC Trip  
 New York City Trip  
 Choir  
 Anime Drawing Club  
 Strategic Games Club  
 Talent Show  
 Band  
 Robotics  
 Student Council  
 Student-Run Credit Union

### CONFLICT RESOLUTION: A PROTOCOL FOR COMMUNICATION

*“Most struggles in athletics aren’t really serious problems—but they are good rehearsals for real life. Adult rescues should be saved for real problems.” -Bruce Brown, AD, Northwest College*

Use the “**24 hour rule**.” Wait until 24 hours after the contest, performance, or practice to discuss a situation with a coach/advisor. The situation may look and feel very different after you have had time to reflect upon a concern.

**Do not attempt to confront a coach or advisor before or after a contest or practice.** These can be emotional times for everyone. Meetings of this nature do not promote resolution. Please make an appointment with the coach/advisor so all parties are prepared to discuss concerns in a appropriate time and place.

Athletes/participants should speak with coaches/advisors regarding most issues not involving safety or security before parents or administrators get involved.

**Chain of Command: Wait 24 hours before contacting coach in most circumstances.**

*If this is a sub-varsity participant, the Head Varsity Coach/Advisor may be contacted by the APAA.*



**ISSUES NOT APPROPRIATE TO DISCUSS WITH THE COACH/ADVISOR:**

1. Playing time/roles/positions
2. Team strategy
3. Play calling
4. Other student participants
5. "Cuts" may be discussed, using "chain of command" above, but the focus should be on improving one's skills for the next opportunity, if applicable.

**APPEALS:** For issues directly related to the co-curricular activity and not excluded by the above list, appeals should be discussed with the Activities and Athletics administrator, then the principal. Decisions by the principal are final.

## **Health and Safety**

The health and safety of students is the #1 priority of the Plymouth-Canton Community Schools.

PCCS Activities and Athletics believes that the three “H’s,” Health, Hydration, and Heart, provide a guide that students, coaches, and others involved with athletics should follow.

Please visit <http://www.mhsaa.com/schools/healthsafetyresources.aspx> for more information about head injuries, heat danger, and other health and safety information.

## **Activities & Athletics: Guide for Parents and Guardians**

Role of Parents: Parents are a valuable component to student success inside and outside the classroom. P-CCS thanks parents for positively contributing to the success of our co-curricular activities and athletics.

Communication Protocol/Chain of Command: Require your child to talk with the coaches. If your child is having difficulties in practice or games, or can’t make a practice, etc., encourage him/her to speak directly to the coaches. This “responsibility taking” is a big part of becoming a responsible person. By handling off-field tasks, your child is claiming ownership of all aspects of the game-preparation, as well as playing the game. Please see “Conflict Resolution.”

Environment of Activities and Athletics: P-CCS maintains the right to maintain a safe, orderly, and supportive environment for activities and athletics. Parents are graciously asked to assist in maintaining this environment. P-CCS reserves the right to take action in order to guarantee safety, order, and support for activities and athletics, including establishing communication protocols not outlined here and refusing entry to contests or performances.


**MEDICAL HISTORY: Completed by Parent or Guardian or 18-Year-Old**

Student Name: \_\_\_\_\_ Date of Exam: \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

- GENERAL QUESTIONS		Y	N	- MEDICAL QUESTIONS		Y	N
<input type="checkbox"/>	Has a doctor ever denied or restricted your participation in sports for any reason?			<input type="checkbox"/>	Do you cough, wheeze or have difficulty breathing during or after exercise?		
	Do you have any ongoing medical conditions? If so, please identify below: <input type="checkbox"/> Asthma <input type="checkbox"/> Anemia <input type="checkbox"/> Diabetes <input type="checkbox"/> Infections <input type="checkbox"/> Other:			<input type="checkbox"/>	Have you ever used an inhaler or taken asthma medicine?		
	Have you ever spent the night in the hospital or have you ever had surgery?			<input type="checkbox"/>	Is there anyone in your family who has asthma?		
- HEART HEALTH QUESTIONS ABOUT YOU		Y	N	<input type="checkbox"/>	Were you born without, or missing a kidney, eye, testicle (males), spleen or any other organ?		
<input type="checkbox"/>	Have you ever passed out or nearly passed out DURING or AFTER exercise?			<input type="checkbox"/>	Do you have groin pain or a painful bulge or hernia in the groin area?		
<input type="checkbox"/>	Have you ever had discomfort, pain, lightheadedness, or pressure in your chest during exercise?			<input type="checkbox"/>	Have you had infectious mononucleosis (mono) within the last month?		
<input type="checkbox"/>	Does your heart ever race or skip beats (irregular beats) during exercise?			<input type="checkbox"/>	Do you have any rashes, pressure sores or other skin problems?		
<input type="checkbox"/>	Has a doctor ever told you that you have any heart problems? Check all that apply: <input type="checkbox"/> High blood pressure <input type="checkbox"/> Heart murmur <input type="checkbox"/> Heart infection <input type="checkbox"/> High cholesterol <input type="checkbox"/> Kawasaki disease <input type="checkbox"/> Other:			<input type="checkbox"/>	Have you had a herpes or MRSA skin infection?		
<input type="checkbox"/>	Has a doctor ordered a test for your heart? (example, ECG/ECG, echocardiogram)			<input type="checkbox"/>	Do you have headaches or get frequent muscle cramps when exercising?		
<input type="checkbox"/>	Do you get lightheaded or feel more short of breath than expected during exercise?			<input type="checkbox"/>	Have you ever become ill while exercising in the heat?		
<input type="checkbox"/>	Do you have a history of seizure disorder or had an unexplained seizure?			<input type="checkbox"/>	Do you or someone in your family have sickle cell trait or disease?		
<input type="checkbox"/>	Do you get more tired or short of breath more quickly than your friends during exercise?			<input type="checkbox"/>	Have you had any problems with your eyes or vision or any eye injuries?		
- HEART HEALTH QUESTIONS ABOUT YOUR FAMILY		Y	N	<input type="checkbox"/>	Do you wear glasses or contact lenses?		
<input type="checkbox"/>	Has anyone in your family had unexplained fainting, unexplained seizures or near drowning?			<input type="checkbox"/>	Do you wear protective eyewear such as goggles or a face shield?		
<input type="checkbox"/>	Does anyone in your family have a heart problem, pacemaker or implanted defibrillator?			<input type="checkbox"/>	Immunization History: Are you missing any recommended vaccines?		
<input type="checkbox"/>	Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident or sudden infant death syndrome)?			<input type="checkbox"/>	Do you have any allergies?		
<input type="checkbox"/>	Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT syndrome, short QT syndrome, Brugada syndrome or catecholaminergic polymorphic ventricular tachycardia?			<input type="checkbox"/>	Have you ever had a head injury or concussion?		
- BONE AND JOINT QUESTIONS		Y	N	<input type="checkbox"/>	Do you have any concerns that you would like to discuss with a doctor?		
<input type="checkbox"/>	Have you ever had an injury to a bone, muscle, ligament or tendon that caused you to miss a practice or a game?			<input type="checkbox"/>	Have you ever received a blow to the head that caused confusion, prolonged headache or memory problems?		
<input type="checkbox"/>	Have you ever had any broken or fractured bones, dislocated joints or stress fractures?			<input type="checkbox"/>	Have you ever had numbness, tingling, weakness or inability to move your arms or legs after being hit or falling?		
<input type="checkbox"/>	Have you ever had an injury that required x-rays, MRI, CT scan, injections, therapy, a brace, a cast or crutches?			<input type="checkbox"/>	Have you ever had an eating disorder?		
<input type="checkbox"/>	Do you regularly use a brace, orthotics or other assistive device?			<input type="checkbox"/>	Do you worry about your weight?		
<input type="checkbox"/>	Do you have a bone, muscle or joint injury that bothers you?			<input type="checkbox"/>	Are you trying to or has anyone recommended that you gain or lose weight?		
<input type="checkbox"/>	Do any of your joints become painful, swollen, feel warm or look red?			<input type="checkbox"/>	Are you on a special diet or do you avoid certain types of foods?		
<input type="checkbox"/>	Do you have any history of juvenile arthritis or connective tissue disease?			- FEMALES ONLY (Optional)		Y	N
<input type="checkbox"/>	Have you ever had an x-ray for neck instability or atlantoaxial instability (Down syndrome or dwarfism)?			<input type="checkbox"/>	Have you ever had a menstrual period?		
				<input type="checkbox"/>	How old were you when you had your first menstrual period?		
				<input type="checkbox"/>	How many periods have you had in the last 12 months?		

CURRENT-YEAR PHYSICAL = GIVEN ON OR AFTER APRIL 15 OF THE PREVIOUS SCHOOL YEAR

**PHYSICAL EXAMINATION & MEDICAL CLEARANCE: Completed by MD, DO, PA or NP - RETURN DIRECTLY TO PATIENT**

EXAMINATION: Height: \_\_\_\_\_ Weight: \_\_\_\_\_  Male  Female BP: \_\_\_\_\_ / \_\_\_\_\_ Pulse: \_\_\_\_\_ Vision: R 20' / \_\_\_\_\_ L 20' / \_\_\_\_\_ Corrected:  Y  N

MEDICAL	NORMAL	ABNORMAL	MUSCULOSKELETAL	NORMAL	ABNORMAL
Appearance: Marfan stigmata (hyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, arm span > height, hyperlaxity, myopia, MVP, aortic insufficiency)			Neck		
Eyes/Ears/Nose/Throat	Pupils Equal	Hearing	Back		
Lymph nodes			Shoulder/Arm		
Heart: Murmurs (auscultation standing, supine, +/- Valsalva) Location of point of maximal impulse (PMI)			Elbow/Forearm		
Pulses: Simultaneous femoral and radial pulses			Wrist/Hand/Fingers		
Lungs			Hip/Thigh		
Abdomen			Knee		
Genitourinary (males only)			Leg/Ankle		
Skin: HSV. Lesions suggestive of MRSA, linea corporis			Foot/Toe		
Neurologic			Functional Duck Walk		

**RECOMMENDATIONS:**

I certify that I have examined the above student and recommend him/her as being able to compete in supervised athletic activities NOT crossed out below.

 BASEBALL – BASKETBALL – BOVING – COMPETITIVE CHEER – CROSS COUNTRY – FOOTBALL – GOLF – GYMNASTICS – ICE HOCKEY  
 LACROSSE – SKIING – SOCCER – SOFTBALL – SWIMMING/DIVING – TENNIS – TRACK & FIELD – VOLLEYBALL – WRESTLING

**EXAMINER** → Name of Examiner (print/type): \_\_\_\_\_ Date: \_\_\_\_\_  
 Signature of Examiner: \_\_\_\_\_ (Check One):  MD  DO  PA  NP

----- (DETACH HERE IF NEEDED TO ACCOMPANY STUDENT-ATHLETE) -----

**EMERGENCY INFORMATION: COMPLETED BY PARENT or GUARDIAN or 18-YEAR-OLD**

Student: \_\_\_\_\_ Grade: \_\_\_\_\_ Doctor: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_  
 IN EMERGENCY (1): \_\_\_\_\_ Home #: (\_\_\_\_) \_\_\_\_\_ Cell #: (\_\_\_\_) \_\_\_\_\_  
 IN EMERGENCY (2): \_\_\_\_\_ Home #: (\_\_\_\_) \_\_\_\_\_ Cell #: (\_\_\_\_) \_\_\_\_\_  
 Drug Reactions: \_\_\_\_\_ Current Medications: \_\_\_\_\_  
 Allergies: \_\_\_\_\_



## PRE-PARTICIPATION PHYSICAL - CONSENT - INSURANCE

Shaded headline areas are to be completed by student, parent/guardian or 18-year-old

There are FOUR (4) signatures on this page **4** to be completed by student, parent/guardian and/or 18-year-old

**A CURRENT-YEAR PHYSICAL IS ONE GIVEN ON OR AFTER APRIL 15 OF THE PREVIOUS SCHOOL YEAR**

Student Name: _____		
LAST	FIRST	MIDDLE INITIAL
Student Address: _____		
STREET	CITY	ZIP
Gender: <input type="checkbox"/> M <input type="checkbox"/> F Age: _____ Date of Birth: _____ Place of Birth (City/State): _____		
School: _____ Circle Grade: 6 7 8 9 10 11 12		
Father/Guardian Name: _____		
Phone (home): _____ (work): _____ (cell): _____		
Mother/Guardian Name: _____		
Phone (home): _____ (work): _____ (cell): _____		
Email Address: Parent/Guardian/18-Year-Old: _____		

### STUDENT PARTICIPATION & PARENT or GUARDIAN or 18-YEAR-OLD CONSENT

The information submitted herein is truthful to the best of my knowledge. By my/my child's signature below, I/we acknowledge that I/we have received concussion educational information that meets Michigan Department of Health and Human Services and MHSAA requirements.

Further, in consideration of my/my child's participation in MHSAA-sponsored athletics, I/we do hereby agree, understand, appreciate, and acknowledge: that participation in such athletics is purely voluntary; that such activities involve physical exertion and contact and that there is inherent risk of personal injury associated with participation in such activities, which risk I/we assume; and that I/we agree to, and hereby waive any and all claims, suits, losses, actions, or causes of action against the MHSAA, its members, officers, representatives, committee members, employees, agents, attorneys, insurers, volunteers, and affiliates based on any injury to me, my child, or any person, whether because of inherent risk, accident, negligence, or otherwise, during or arising in any way from my/my child's participation in an MHSAA-sponsored sport.

I/we understand that I am/we are expected to adhere firmly to all established athletic policies of my school district and the MHSAA. I/we hereby give my consent for the above student to engage in interscholastic athletics and for the disclosure to the MHSAA of information otherwise protected by FERPA and HIPAA for the purpose of determining eligibility for interscholastic athletics. My child has my permission to accompany the team as a member on its out-of-town trips.

**1** Signature of STUDENT: \_\_\_\_\_ Date: \_\_\_\_\_

**2** Signature of PARENT or GUARDIAN or 18-YEAR-OLD: \_\_\_\_\_ Date: \_\_\_\_\_

### INSURANCE STATEMENT

Our son/daughter will comply with the specific insurance regulations of the school district.

The student-athlete has health insurance:  YES  NO

If YES, Family Insurance Co: \_\_\_\_\_ Insurance ID #: \_\_\_\_\_

Additionally, I hereby state that, to the best of my knowledge, my answers to the medical history questions (see reverse) are complete and correct.

**3** Signature of PARENT or GUARDIAN or 18-YEAR-OLD: \_\_\_\_\_ Date: \_\_\_\_\_

----- (DETACH HERE IF NEEDED TO ACCOMPANY STUDENT-ATHLETE) -----

### MEDICAL TREATMENT CONSENT: COMPLETED BY PARENT or GUARDIAN or 18-YEAR-OLD

I, \_\_\_\_\_, an 18-year-old, or the parent or guardian of \_\_\_\_\_, recognize that as a result of athletic participation, medical treatment on an emergency basis may be necessary, and further recognize that school personnel may be unable to contact me for my consent for emergency medical care. I do hereby consent in advance to such emergency care, including hospital care, as may be deemed necessary under the then-existing circumstances and to assume the expenses of such care.

**4** Signature of PARENT or GUARDIAN or 18-YEAR-OLD: \_\_\_\_\_ Date: \_\_\_\_\_